



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



YOUR GUIDE TO FUN

Winter/Spring 2018
Youth & Family Program Guide

YMCA AT O.P. SCHNABEL PARK
ymcasatx.org

WELCOME TO THE Y

We're more than a gym.

For more than a workout. For a better us.

When you join the Y, you're committing to more than simply becoming healthier. You are supporting the values and programs that strengthen your community. At the Y, children learn what they can achieve, families spend quality time together, and we all build relationships that deepen our sense of belonging.

The Y is so much more than a gym. It's a cause, dedicated to youth development, healthy living and social responsibility. For over 140 years, we've been proud to help our neighbors learn, grow and thrive. Yet we're called to do so much more. Our community faces challenges that create a greater need than ever for the work we do every day. Fortunately, where some see obstacles, we see opportunities for our members, volunteers and staff to make a difference.

- Together, we will teach skills and values that help create a path to success for kids and teens.
- Inspire people of all ages to play, be active, and maintain a healthy lifestyle.
- Engage in work that fosters an inclusive, collaborative, proactive approach in addressing community needs.

But we need your philanthropic support to make it happen. Every gift makes a difference. Everyone has a role to play.

Together, we can achieve so much more. Give today. Contact Monique Pierce, Executive Director at 210.520.9700 or moniquep@ymcasatx.org to join our cause!

Membership For All

We believe everyone deserves a Y, so the YMCA of Greater San Antonio offers financial assistance to individuals and families who might otherwise not be able to afford membership or program fees. Ask a staff member about financial assistance. It's easy to apply and the Y does everything it can to make the Y a place for all.

YMCA AT O.P. SCHNABEL PARK

9606 Bandera Rd.
San Antonio, TX 78250
210.520.9700
ymcasatx.org

Hours of Operation

Monday–Thursday: 5am–9:30pm
Friday: 5am–9pm
Saturday: 7am–6pm
Sunday: 1pm–5pm

Childwatch Hours of Operation

Monday– Saturday: 8am–12:30pm
Monday–Friday: 3:30pm–8pm
Sunday: Closed

Kidz Club Hours of Operation

Monday–Friday: 3:30pm–8pm
Saturday: 8am–12:30pm
*Kidz Club is open in the morning on NISD school holidays.

LEADERSHIP TEAM

Monique Pierce
Executive Director
moniquep@ymcasatx.org

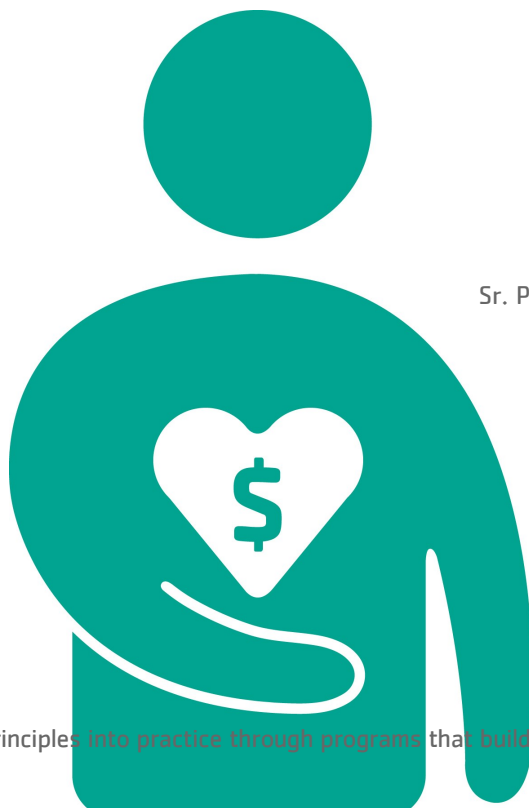
Jami Engel
Member Engagement Director
jami@ymcasatx.org

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Nick Roso
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Caesar Mendez
Facilities Manager
caesarm@ymcasatx.org



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



PRE-SCHOOL PROGRAMS

Nurturing the Potential of Every Child

Our pre-school programs are designed to enrich and expose your child to a fun and safe environment. By offering age-appropriate activities, children develop academically, grow socially, master skills, make friends and become comfortable in a class room setting. Our nurturing and dedicated staff members focus on building strong character and life-long skills.

Programs run from January 8-May 26. There is no program the week of spring break.

Pre-School Camp

(for children ages 3-5 years old)

Pre-school camp is a structured program that includes a morning warm-up routine, physical activity, daily educational curriculum and snack time. Students learn social skills, early learning material and understand how to work in a group setting in order to prepare for Kindergarten.

Ages 3-4:

Tuesday and Thursday

9am-noon

YMCA Member Fee: \$105/month

Non YMCA Member Fee: \$135/month

Ages 4.5-5:

Monday, Wednesday and Friday

9am-noon

YMCA Member Fee: \$150/month

Non YMCA Member Fee: \$180/month

All children must be fully potty trained before enrolling.

Little Dancers

(for children ages 3-5 years old)

Dance classes teach rhythm, creativity and fun for all. Classes include a variety of dance formats such as pre-ballet, jazz and hip-hop. Get your child's heart pumping and body moving with Y dance classes taught by a certified instructor!

**Wednesday
Friday**

**9:15-10am
4:30-5:15pm**

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

Tiny Tumblers

(for children ages 3-5 years old)

Through music and movement your child will learn the basic fitness and tumbling skills to prepare them for the next level of gymnastics.

**Monday
Wednesday**

**10:30-11:15am
4-4:45pm**

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

Wiggles and Giggles

(for children ages 3-5 years old)

This interactive time includes opportunities for your child to play, sing and move while exploring instruments and different cultures. Your child will have fun while using their gross motor skills and practicing large body coordination while engaging in sing-a-longs.

Monday

9:15-10am

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

Little Picassos

(for children ages 3-5 years old)

Discover art through hands on painting, stories and more. We'll learn that books, games, songs, and holidays are all great inspirations for artwork. Some classes your child will take home a "refrigerator masterpiece", other weeks it's all about exploring the medium.

Wednesday

10-10:45am

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month



**NEW & LOWER
RATE FOR
MEMBERS**

PRE-SCHOOL PROGRAMS

Nurturing the Potential of Every Child

Spanish Explorers

(for children ages 3-5 years old)

Give your child the gift of dual language. In this class, your child will learn introductory Spanish such as vocabulary, names, phrases and more through a variety of teaching methods. We use classroom style, games and activities to develop their understanding of the Spanish language.

Wednesday

11-11:45am

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

Little Bookworms

(for children ages 3-5 years old)

Your child will be introduced to a book and then dive into a project to reinforce concepts from that book. Each session will concentrate on one of four major areas of childhood education: science, math, language and art.

Thursday

9:15-10am

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

YOUTH PROGRAMS

Nurturing the Potential of Every Child and Teen

Our youth and teen programs provide a safe and fun place to learn and grow through a variety of activities such as arts, dance, indoor and outdoor activities, team building and self-esteem activities, and more. Our activities focus on developing a youth's self worth while giving them the opportunity to explore different hobbies and activities. Youth will also build leadership skills and character development.

Programs run from January 8-May 26. There is no program the week of spring break.

Spanish Explorers

(for children ages 6-10 years old)

Give your child the gift of dual language. In this class, your child will learn introductory Spanish such as vocabulary, names, phrases and more through a variety of teaching methods. We use classroom style, games and activities to develop their understanding of the Spanish language.

Wednesday

4-4:45pm

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

Young Einsteins

(for children ages 7-14 years old)

Dive into the world of physics, nature and discovery in this science based program. Your child will create a variety of experiments and each week they will explore the world around us.

Tuesday

4-5pm

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

\$20 supply fee



YOUTH PROGRAMS

Nurturing the Potential of Every Child and Teen

Marathon Runners Club

(for children ages 6-12 years old)

Designed for any youth that loves running, this program will help your child set new goals and prepare for running a youth marathon. Children will receive a shirt.

Monday

5:30-6:15pm

YMCA Member Fee: \$105/month

Non YMCA Member Fee: \$135/month

Dance-versity

(for children ages 6-10 years old)

Dance classes teach rhythm, creativity and fun for all. Classes include a variety of dance formats such as pre-ballet, jazz and hip-hop. Get your child's body moving and learn new routines with a certified instructor.

Wednesday

4:30-5:15pm

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

It's "Sew" Fun

(for children ages 7-12 years old)

Discover the basics of sewing and explore your creative side in this hand-on programs. Your child will learn how to sew by hand and how to use a sewing machine.

Wednesday

10-10:45am

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

\$20 Supply Fee

Tumbling

(for children ages 3-5 years old)

Through music and movement your child will learn the basic fitness and tumbling skills to prepare them for the next level of gymnastics.

Monday

5-5:45pm

Monday

6-6:45pm

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

Lego Builders

(for children ages 5-12 years old)

Research shows that children who spend time building with Legos often have better math and science skills. Share the joy of creating new and exciting Lego masterpieces. Experience fun new games that go along with the building creations.

Wednesday

5-5:45pm

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

Martial Arts

(for children ages 5-14 years old)

This class helps target mental wellness, physical fitness, and self-discipline to help your child reach his or her goals. Teaches self-improvement, self-defense, confidence and a stronger body and mind.

Thursday

4-5:30pm

Saturday

11-12:30pm

YMCA Member Fee: \$15/month

Non YMCA Member Fee: \$50/month

\$30 uniform fee

Homeschool PE and Art

(for children ages 5-12 years old)

Explore and engage with other children in a fun and social setting. Make a weekly craft or learn new skills to keep your child physically active.

Friday

Art Class

10-11am

PE Class

11-noon

YMCA Member Fee: Free

Non YMCA Member Fee: \$20/month per class

\$20 supply fee

Refunds, Transfers or Cancellations

We are happy to accommodate changes and transfers as long as space is available and your requests are made before the session begins. Once the session begins all refunds, transfers and cancellations will be made effective the first of the following month. Supply and uniform fees are non-refundable after the program begins. Refunds are not given for missed classes. If the YMCA needs to cancel a class we will not provide a refund; however, the cancelled class will be rescheduled.

Drop off/Pick up Options for Pre-school and Youth Programs

1. Drop your child off to Childwatch or Kidz Club at least 15 minutes prior to class start time. A YMCA staff person will walk your child to the appropriate class and then walk them back to Childwatch/Kidz Club after class. Parents must let us know upon arrival if we will be taking them to their class (**available to YMCA members only**).

2. Drop your child off to the appropriate class and then pick them up when class is over.

We can only drop off children to Childwatch/Kidz Club that we have picked up. We are asking all parents to pick up their child(ren) on time in order to avoid late fees and/or possible removal from program.



YOUTH SPORTS

Everyone Plays, Everyone Wins

Y Youth Sports allows young people to develop skills and build healthy lifestyles through teamwork, fun and fair play. Our coaches help guide our children through learning the essentials of physical fitness, healthy development, and participation. There are no try-outs in our non-competitive sports program, ensuring that "Everyone Plays, Everyone Wins". Y Youth Sports are coached by dedicated volunteers and we encourage you to volunteer with your child today!

OUTDOOR SPORTS

Practices held during the week and all games on Saturdays at the YMCA at O.P. Schnabel Park sports fields. All participants will receive a game jersey with their registration.

T-ball/Baseball (Co-ed)

4U T-ball (3-4 years)
6U Pitch and Tee (5-6 years)
8U Coach Pitch (7-8 years)
10U Softball (9-10 years)

Soccer (Boys & Girls)

U4 (3 years) 4 v 4
U5 (4 years) 4 v 4
U6 (5 years) 4 v 4
U7 (6 years) 6 v 6
U8 (6-7 years) 6 v 6
U10 (8-9 years) 6 v 6
U12 (10-11 years) 8 v 8
U15 (12-14 years) 8 v 8

Soccer (Co-ed)

U18 (14-17 years) 8 v 8

INDOOR SPORTS

Practices held during the week and all games on Saturdays at local NISD school gyms. All participants will receive a game jersey with their registration.

Basketball (Boys & Girls)

8U (7-8 years)
10U (8-10 years)
12U (11-12 years)

Basketball (Co-ed)

6U (5-6 years)
15U (13-15 years)
18U (16-18 years)

Volleyball (Co-ed)

10U (8-10 years)
12U (11-12 years)
U14 (13-14 years)

SPORTS CLINICS

Sessions run from April 2-May 11 and includes six classes. All participants receive a shirt with their registration. Space is limited in each class.

Little Kickers Soccer

(for children ages 3-5 years old)

Mondays	4-4:45pm
Tuesdays	4-4:45pm
Fridays	10-10:45am

YMCA Member Fee: \$50
Non YMCA Member Fee: \$70

Little Spikers

(for children ages 5-8 years old)

Tuesday	6:30-7:15pm
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YMCA Member Fee: \$50
Non YMCA Member Fee: \$70

YOUTH SPORTS PROGRAM FEES

Early Bird Registration	General Registration	Late Registration
Jan 15-Feb 4	Feb 5-18	Feb 26-Mar 4
YMCA Member Fees for all sports		
\$75	\$90	\$105
Non YMCA Member Fees for all sports		
\$115	\$130	\$145

Early Bird Registration

All team registrations must be submitted by the team coach or as a group

General Registration

All coach and player requests must be turned in. Requests are not guaranteed.

Late Registration

Space is limited to teams with openings and no requests will be considered.



SPECIAL EVENTS & ACTIVITIES

Building Healthy and Happy Families

Serving families has always been at the heart of the Y. We are a place they can find respite from social, economic and educational challenges, and learn how to overcome them. We desire for every family to build stronger bonds, achieve a greater work/life balance, and become more engaged within the community.

Parent's Night Out

(for children ages 6 wks-12 years old)

Enjoy an evening out while your child has fun at the Y. Let our nurturing childcare staff keep your kids safe and active with crafts and games, dinner and a movie. Children are welcomed to wear pajamas and bring a blanket and pillow. Pre-registration is required as space is limited.

Friday, January 12	6-10pm
Friday, January 26	6-10pm
Friday, February 9	6-10pm
Friday, February 23	6-10pm
Friday, March 9	6-10pm
Friday, March 23	6-10pm
Friday, April 6	6-10pm
Friday, April 20	6-10pm

YMCA Member Fee: \$15 per child

Non YMCA Member Fee: \$25 per child

Refunds for Parent's Night Out must be requested two days before the start of the program.

Parent's Day Out

(for children ages 6 wks-12 years old)

This program will provide a play group for your child and a break away from the Y for you to shop, run errands, have an extended lunch, see a movie or just relax. We offer arts & crafts, group activities, story time and free play. Pre-registration is required as space is limited. Time may not be combined with additional Childwatch/Kidz Club hours. Lunch/snack is not provided.

Wednesday, January 17	noon-3pm
Wednesday, February 14	noon-3pm
Wednesday, March 21	noon-3pm
Wednesday, April 11	noon-3pm

YMCA Member Fee: Free

Non YMCA Member Fee: only available to members

Tween Nights at the Y

(for youth in 5th-8th grades)

Bring your tweens and their friends to the Y for a super fun night of discovery, games and plenty of opportunities to make friends with kids their age. They will love participating in a variety of activities, including working out, basketball, rock wall climbing, listening to music, video games, pizza and more. Pre-registration is required as space is limited.

Saturday, February 17	7-10pm
Saturday, March 10	7-10pm
Saturday, April 14	7-10pm

YMCA Member Fee: Free

Non YMCA Member Fee: Free

Penguin Plunge Wintery Family Fun

Do you dare to take the plunge? Brave the cold water and plunge down the slide and receive a special Polar Plunge shirt. The event will be followed by plenty of hot drinks, games and crafts. RSVP at the member service desk.

Saturday, January 27	10am-noon
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YMCA Member Fee: Free

Non YMCA Member Fee: Free

(T-shirts are limited so get there early!)

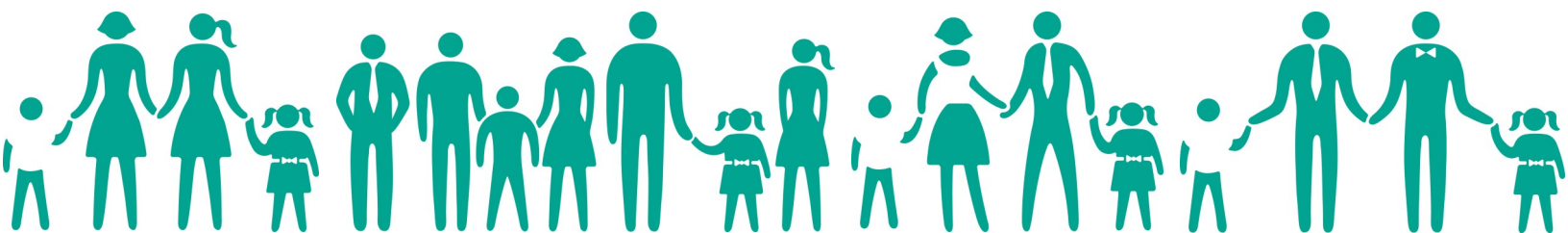
Father & Daughter Valentines Dance

Celebrate Valentine's Day early with the Y. We'll have snacks and refreshments, photo props and plenty of quality time for girls to spend with their dads. If dads are not available, others are welcomed. RSVP at the member service desk.

Friday, February 2	6-8pm
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YMCA Member Fee: Free

Non YMCA Member Fee: only available to members



SPECIAL EVENTS & ACTIVITIES

Building Healthy and Happy Families

Spring Break at the Y

No need to travel when you can enjoy a staycation at the Y! We've got a week's worth of activities planned to keep you and your family safe and active.

Monday, March 12

Family Hike 9-10am
Wacky Games and more! 5-6pm

Tuesday, March 13

Family Volunteerism Project 9-11am

Wednesday, March 14

Movie in the Park 7:30pm

Thursday, March 15

Popsicles and Crafts noon-1pm
Family Boot Camp 5-6pm

Friday, March 16

Family Bike Ride 9-10am
Family Bike Ride 5-6pm

YMCA Member Fee: Free
Non YMCA Member Fee: Free

The Bunny Hop

(for children ages 1-12 years old)

Kids of all ages are welcome at our Easter egg hunt! Come for the egg hunt and stay for family games, crafts, prizes and more! RSVP at the member service desk.

Friday, March 30

1-3 years: 11am
4-6 years: 11:15am
7 years & older: 11:30am

The Easter Egg hunt will take place on our soccer fields. You must arrive 10 minutes prior to each age bracket with your Easter basket.

YMCA Member Fee: Free
Non YMCA Member Fee: Free

Pop Art Paint Party

(for children ages 10 and older & parents of all ages)
Do you enjoy spending time with your teen? Join us for a parent and teen event and paint your own Andy Warhol inspired Pop Art. Enjoy "pop"sicles and "pop"corn throughout the event. RSVP at the member service desk.

Thursday, April 12

6-7:30pm

YMCA Member Fee: Free
Non YMCA Member Fee: only available to members

Healthy Kids Day®

At the Y, we believe charged up kids really do achieve amazing things. We see it all the time. When a child is healthy, happy, motivated and excited...watch out... Because something amazing is inevitably going to result. As that child grows and fulfills their true potential, they will truly make the world a better place for everyone. To continue our commitment to teach healthy habits for kids and families, encourage physical and mental play, and inspire a lifetime love of exercise, we're excited to host HEALTHY KIDS DAY®.

On April 22, the Y will celebrate Healthy Kids Day, our national initiative to improve the health and well-being of kids.

Sunday, April 22

noon-3pm

YMCA Member Fee: Free
Non YMCA Member Fee: Free



BIRTHDAY PARTIES

Celebrate With Us

What better way to celebrate your child's birthday than with a party at the YMCA? We offer use of our rooms along with a YMCA party host to help coordinate your chosen activities. Party times are available Saturdays.

What your party includes:

Enthusiastic party host committed to providing a fun entertaining atmosphere for your birthday celebration. We will engage your guests in an energetic activity of your choice and be there to assist you with treats and presents.

Getting started

Reservations for birthday parties should be made at least two weeks in advance. A deposit is required to reserve your party and the entire balance is due one week before your party date.

Package A includes:

- 1 Hour of play time in the YLand
- Party crown or shirt for the Birthday Child

Package B includes:

- 1 Hour of climbing time on the Rockwall
- Party crown or shirt for the Birthday Child

Package C includes:

- One craft themed to your party or a YMCA chosen craft
- Party crown or shirt for the Birthday Child

Package D includes:

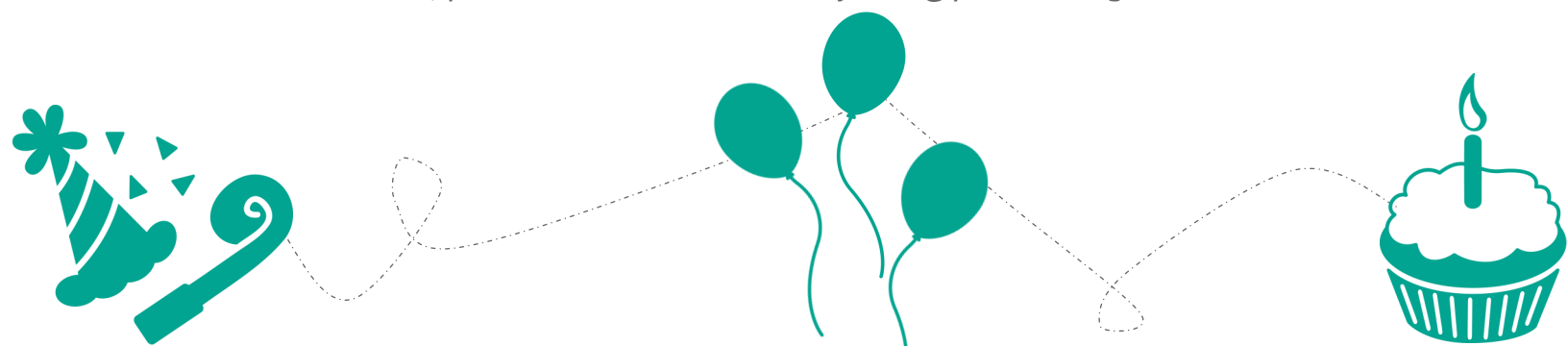
- Make your own Super Hero Mask and play Super Hero vs. Villain games
- Party Cape AND birthday crown or shirt for the Birthday Child

Parties available on Saturday from 1–3pm or 3:30–5:30pm or 6–8pm

All party fees include a party host and set up/take down of tables and chairs

Package A Room and YLand	Package B Room and Rockwall (children must be 4 to climb)	Package C Craft Party	Package D Super Hero Party
Up to 15 Kids YMCA Members: \$180 Non YMCA members: \$230 Max number of tables: 4	Up to 15 Kids YMCA Members: \$200 Non YMCA members: \$250 Max number of tables: 4	Up to 15 Kids YMCA Members: \$230 Non YMCA members: \$280 Max number of tables: 4	Up to 15 Kids YMCA Members: \$230 Non YMCA members: \$280 Max number of tables: 4
Up to 30 Kids YMCA Members: \$230 Non YMCA members: \$280 Max number of tables: 6	Up to 30 Kids YMCA Members: \$280 Non YMCA members: \$330 Max number of tables: 6	Up to 20 Kids YMCA Members: \$280 Non YMCA members: \$330 Max number of tables: 5	Up to 20 Kids YMCA Members: \$280 Non YMCA members: \$330 Max number of tables: 5
		Up to 30 Kids YMCA Members: \$330 Non YMCA members: \$380 Max number of tables: 6	Up to 30 Kids YMCA Members: \$330 Non YMCA members: \$380 Max number of tables: 6

For more information, please contact Jamie Scott at jamies@ymcasatx.org –or– 210-520-9700.



PRIVATE POOL PARTIES

Splash Into Fun

Cool off over the summer and celebrate your special event with a fun pool party. We offer use of our patio, tables and chairs and a YMCA party host to help coordinate your chosen activities. Party times are available Saturdays and Sundays.

What your party includes:

Private pool party throughout the entire duration of your event. Enthusiastic party host committed to providing a fun entertaining atmosphere for your celebration. Certified YMCA lifeguards to ensure your guests are safe and access to lifejackets, locker rooms and tables and chairs.

Getting started

Reservations for pool parties should be made at least two weeks in advance. A deposit is required to reserve your party and the entire balance is due one week before your party date. Reservations for members begins February 1 and opens up to non YMCA members on March 1.

May 19-September 1

Saturday 6:30pm-8:30pm or Sunday 5:00pm-7:00pm

(may begin setup 30 minutes prior to party time starting)

September 8-September 29

Saturday 11:30am-1:30pm or Sunday 1:00pm-3:00pm

Saturday 2:30pm-4:30pm Sunday 4:00pm-6:00pm

Saturday 5:30pm-7:30pm

(may begin setup 30 minutes prior to party time starting)

Package A Splash Park Only	Package B Pool and Splash Park
Up to 25 Guests YMCA Members: \$225 Non YMCA members: \$300 Max number of tables: 5	Up to 50 Guests YMCA Members: \$400 Non YMCA members: \$475 Max number of tables: 7
Up to 50 Guests YMCA Members: \$275 Non YMCA members: \$350	51-75 Guests YMCA Members: \$500 Non YMCA members: \$575 Max number of tables: 10
	76-100 Guests YMCA Members: \$600 Non YMCA members: \$675 Max number of tables: 14

For more information, please contact Dason Tucker at dasont@ymcasatx.org –or– 210-520-9700.

