



Thousand Oaks Family YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Pickup Basketball (18+) Basketball Court - Full Court	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Racquetball Court 4 Sign Up	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	1:00PM-2:00PM (Racquetball)
	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	2:00PM-3:00PM (Racquetball)
	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	3:00PM-4:00PM (Racquetball)
	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)
	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)
	11:00AM-12:00PM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)
	12:00PM-1:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)
	1:00PM-2:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	
	2:00PM-3:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	
	3:00PM-4:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	
	4:00PM-5:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	
	5:00PM-6:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)		
	6:00PM-7:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)		
	7:00PM-8:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)		
	8:00PM-9:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)		
	9:00PM-10:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)		
	10:00PM-11:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	9:00PM-10:00PM (Racquetball) 10:00PM-11:00PM (Racquetball)				
Challenge Court Racquetball Court 3	5:00AM-11:00PM (Racquetball)	5:00AM-11:00PM (Racquetball)	5:00AM-11:00PM (Racquetball)	5:00AM-11:00PM (Racquetball)	5:00AM-11:00PM (Racquetball)	7:00AM-8:00PM (Racquetball)	12:00PM-8:00PM (Racquetball)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Racquetball Court 5 Sign Up	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	1:00PM-2:00PM (Racquetball)
	7:00AM-8:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	2:00PM-3:00PM (Racquetball)
	8:00AM-9:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	3:00PM-4:00PM (Racquetball)
	11:00AM-12:00PM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	4:00PM-5:00PM (Racquetball)
	12:00PM-1:00PM (Racquetball)	9:00AM-10:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)
	1:00PM-2:00PM (Racquetball)	10:00AM-11:00AM (Racquetball)	12:00PM-1:00PM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	12:00PM-1:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)
	2:00PM-3:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)
	3:00PM-4:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	
	4:00PM-5:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	
	5:00PM-6:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	
	6:00PM-7:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	
	7:00PM-8:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	
	8:00PM-9:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)		
	9:00PM-10:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)		
	10:00PM-11:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)		
		10:00PM-11:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)		
				10:00PM-11:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)		
Cycle Main Group Ex Studio Sign Up	5:05AM-5:55AM (Cycle) <i>Loyda C.</i>	6:10PM-7:00PM (Cycle) <i>Mendy M.</i>	5:05AM-5:55AM (Cycle) <i>Loyda C.</i>	6:10PM-7:00PM (Cycle) <i>Mendy M.</i>	5:05AM-5:55AM (Cycle) <i>Loyda C.</i>	9:05AM-9:55AM (Cycle) <i>Loyda C.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYPUMP™ Main Group Ex Studio Sign Up	6:10AM-7:10AM (Strength & Endurance) <i>Loyda C.</i> 11:10AM-12:10PM (Strength & Endurance) <i>Samantha T.</i>		6:10AM-7:10AM (Strength & Endurance) <i>Loyda C.</i> 11:10AM-12:10PM (Strength & Endurance) <i>Samantha T.</i>		6:10AM-7:10AM (Strength & Endurance) <i>Loyda C.</i> 11:10AM-12:10PM (Strength & Endurance) <i>Samantha T.</i>	10:05AM-11:00AM (Strength & Endurance) <i>Loyda C.</i>	1:30PM-2:30PM (Strength & Endurance) <i>Samantha T.</i>
Closed for Programming Basketball Court: Side A	7:00AM-6:00PM (Basketball)	7:00AM-6:00PM (Basketball)					
Reserved for Senior League Tennis Court 1-3	7:00AM-11:30AM (Tennis)		7:00AM-11:30AM (Tennis)		7:00AM-11:30AM (Tennis)		
Open Swim Outdoor Pool	7:00AM-7:00PM (Aquatics)	7:00AM-8:00PM (Aquatics)	7:00AM-8:00PM (Aquatics)	7:00AM-8:00PM (Aquatics)	7:00AM-8:00PM (Aquatics)	9:00AM-6:00PM (Aquatics)	1:00PM-5:00PM (Aquatics)
Reserved for Senior League Tennis Court 5	7:00AM-11:00AM (Tennis)		7:00AM-11:00AM (Tennis)				
Reserved for Programming Tennis Court 4	8:00AM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis)	8:00AM-5:00PM (Tennis) 5:00PM-8:00PM (Tennis)	7:00AM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis)	8:00AM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis)	8:00AM-5:00PM (Tennis)		
Aqua Fit Outdoor Pool Sign Up	8:00AM-8:45AM (Aqua Group Exercise) <i>Loyda C.</i>		8:00AM-8:45AM (Aqua Group Exercise) <i>Karen W.</i>				
Reps FX Main Group Ex Studio Sign Up	8:10AM-9:00AM (Strength & Endurance) <i>Beth B.</i>	5:10PM-6:00PM (Strength & Endurance) <i>Beth B.</i>	8:10AM-9:00AM (Strength & Endurance) <i>Cheryl O.</i>	5:10PM-6:00PM (Strength & Endurance) <i>Beth B.</i>	8:10AM-9:00AM (Strength & Endurance) <i>Beth B.</i>		
Pickleball Open Play Pickleball Courts 1-6	8:30AM-12:30PM (Pickleball)		8:30AM-12:30PM (Pickleball)				
Reserved for Programming Tennis Court 6	8:30AM-11:30AM (Tennis)	8:30AM-11:30AM (Tennis)	8:30AM-11:30AM (Tennis)	8:30AM-11:30AM (Tennis)			
Closed for Youth & Family Programming Basketball Court: Side B	8:45AM-11:00AM (Basketball) 1:30PM-3:00PM (Basketball)	8:45AM-11:00AM (Basketball) 1:30PM-3:00PM (Basketball)	8:45AM-11:00AM (Basketball) 1:30PM-3:00PM (Basketball)	8:45AM-11:00AM (Basketball) 1:30PM-3:00PM (Basketball)	8:45AM-11:00AM (Basketball) 1:30PM-3:00PM (Basketball)		
Yoga Restore Mind Body Studio Sign Up	9:10AM-10:00AM (Mind Body) <i>Reisa D.</i>		9:10AM-10:00AM (Mind Body) <i>Reisa D.</i>		9:10AM-10:00AM (Mind Body) <i>Elena H.</i>		
TRX® Queenax Sign Up	9:10AM-10:00AM (Strength & Endurance) <i>Lisa G.</i>				9:10AM-10:00PM (Strength & Endurance) <i>Lisa G.</i>		
Barre Main Group Ex Studio Sign Up	9:10AM-10:00AM (Mind Body) <i>Beth B.</i>		9:10AM-10:00AM (Mind Body) <i>Beth B.</i>		9:10AM-10:00AM (Mind Body) <i>Beth B.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved for Programming Racquetball Court 5	9:30AM-10:30AM (Racquetball)		9:30AM-9:30AM (Racquetball)				
Yoga Strength Mind Body Studio Sign Up	10:10AM-11:00AM (Mind Body) <i>Beth B.</i>	6:10PM-7:00PM (Mind Body) <i>Beth B.</i>	10:10AM-11:00AM (Mind Body) <i>Beth B.</i>	6:10PM-7:00PM (Mind Body) <i>Beth B.</i>	10:10AM-11:00AM (Mind Body) <i>Nicole J.</i>		
ZUMBA ® Main Group Ex Studio Sign Up	10:10AM-11:00AM (Cardio & Dance) <i>Graciela P.</i>	8:30AM-9:20AM (Cardio & Dance) <i>Graciela P.</i>	10:10AM-11:00AM (Cardio & Dance) <i>Graciela P.</i> 7:10PM-8:00PM (Cardio & Dance) <i>Lauren M.</i>	8:30AM-9:20AM (Cardio & Dance) <i>Andrea H.</i>	10:10AM-11:00AM (Cardio & Dance) <i>Graciela P.</i>		
Closed for Group Exercise Basketball Court - Full Court	11:00AM-12:00PM (Basketball)		11:00AM-12:00PM (Basketball)		11:00AM-12:00PM (Basketball)		
ForeverWell Sculpt Basketball Court - Full Court Sign Up	11:00AM-11:50AM (Foreverwell) <i>Loyda C.</i>		11:00AM-11:50AM (Foreverwell) <i>Loyda C.</i>		11:00AM-11:50AM (Foreverwell) <i>Lisa G.</i>		
Reserve a Court Tennis Court 6 Sign Up	11:30AM-12:00PM (Tennis) 12:00PM-1:00PM (Tennis) 1:00PM-2:00PM (Tennis) 2:00PM-3:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	2:00PM-3:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	11:30AM-12:00PM (Tennis) 12:00PM-1:00PM (Tennis) 1:00PM-2:00PM (Tennis) 2:00PM-3:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	12:00PM-1:00PM (Tennis) 1:00PM-2:00PM (Tennis) 2:00PM-3:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	11:30AM-12:00PM (Tennis) 12:00PM-1:00PM (Tennis) 1:00PM-2:00PM (Tennis) 2:00PM-3:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis)	4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:30PM (Tennis)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 2 Sign Up	12:00PM-1:00PM (Tennis)	8:00AM-9:00AM (Tennis)	3:00PM-4:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	5:00PM-6:00PM (Tennis)	6:00PM-7:30PM (Tennis)
	1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)	4:00PM-5:00PM (Tennis)	12:00PM-1:00PM (Tennis)	12:00PM-1:00PM (Tennis)	6:00PM-7:00PM (Tennis)	
	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)	5:00PM-6:00PM (Tennis)	1:00PM-2:00PM (Tennis)	1:00PM-2:00PM (Tennis)		
	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)	6:00PM-7:00PM (Tennis)	2:00PM-3:00PM (Tennis)	2:00PM-3:00PM (Tennis)		
	4:00PM-5:00PM (Tennis)	9:00PM-10:30PM (Tennis)	7:00PM-8:00PM (Tennis)	3:00PM-4:00PM (Tennis)	3:00PM-4:00PM (Tennis)		
	5:00PM-6:00PM (Tennis)		8:00PM-9:00PM (Tennis)	4:00PM-5:00PM (Tennis)	4:00PM-5:00PM (Tennis)		
	6:00PM-7:00PM (Tennis)		9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis)	5:00PM-6:00PM (Tennis)		
	7:00PM-8:00PM (Tennis)			6:00PM-7:00PM (Tennis)	6:00PM-7:00PM (Tennis)		
	8:00PM-9:00PM (Tennis)			7:00PM-8:00PM (Tennis)	7:00PM-8:00PM (Tennis)		
	9:00PM-10:30PM (Tennis)			8:00PM-9:00PM (Tennis)	8:00PM-9:00PM (Tennis)		
				9:00PM-10:30PM (Tennis)	9:00PM-10:30PM (Tennis)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 1 Sign Up	12:00PM-1:00PM (Tennis)	8:00AM-9:00AM (Tennis)	3:00PM-4:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	5:00PM-6:00PM (Tennis)	6:00PM-7:00PM (Tennis)
	1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)	7:00PM-8:00PM (Tennis)	12:00PM-1:00PM (Tennis)	12:00PM-1:00PM (Tennis)	6:00PM-7:00PM (Tennis)	7:00PM-7:30PM (Tennis)
	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)	8:00PM-9:00PM (Tennis)	1:00PM-2:00PM (Tennis)	1:00PM-2:00PM (Tennis)		
	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)	9:00PM-10:30PM (Tennis)	2:00PM-3:00PM (Tennis)	2:00PM-3:00PM (Tennis)		
	4:00PM-5:00PM (Tennis)	9:00PM-10:30PM (Tennis)		3:00PM-4:00PM (Tennis)	3:00PM-4:00PM (Tennis)		
	5:00PM-6:00PM (Tennis)			4:00PM-5:00PM (Tennis)	4:00PM-5:00PM (Tennis)		
	6:00PM-7:00PM (Tennis)			5:00PM-6:00PM (Tennis)	5:00PM-6:00PM (Tennis)		
	7:00PM-8:00PM (Tennis)			6:00PM-7:00PM (Tennis)	6:00PM-7:00PM (Tennis)		
	8:00PM-9:00PM (Tennis)			7:00PM-8:00PM (Tennis)	7:00PM-8:00PM (Tennis)		
	9:00PM-10:30PM (Tennis)			8:00PM-9:00PM (Tennis)	8:00PM-9:00PM (Tennis)		
				9:00PM-10:30PM (Tennis)	9:00PM-10:30PM (Tennis)		
Reserve a Court Pickleball Court 1 Sign Up	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	
	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	
	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	
	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	
	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)		4:00PM-5:00PM (Pickleball)	
		5:00PM-6:00PM (Pickleball)		9:00PM-10:00PM (Pickleball)		5:00PM-6:00PM (Pickleball)	
		9:00PM-10:00PM (Pickleball)				6:00PM-7:00PM (Pickleball)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball Court 4 Sign Up	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 6:00PM-7:00PM (Pickleball)	
Reserve a Court Pickleball Court 6 Sign Up	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 6:00PM-7:00PM (Pickleball)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball Court 5 Sign Up	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 6:00PM-7:00PM (Pickleball)	
Reserve a Court Pickleball Court 2 Sign Up	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 6:00PM-7:00PM (Pickleball)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball Court 3 Sign Up	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 6:00PM-7:00PM (Pickleball)	
Reserve a Court Tennis Court 3 Sign Up	1:00PM-2:00PM (Tennis) 2:00PM-3:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	1:00PM-2:00PM (Tennis) 2:00PM-3:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	11:30AM-12:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	12:00PM-1:00PM (Tennis) 1:00PM-2:00PM (Tennis) 2:00PM-3:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	11:30AM-12:00PM (Tennis) 12:00PM-1:00PM (Tennis) 5:00PM-6:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:30PM (Tennis)
Reserved for Programming Mind Body Studio	1:00PM-1:50PM (Wellness Events) <i>Virtual I.</i>	1:00PM-1:50PM (Wellness Events) <i>Virtual I.</i>	11:30AM-12:20PM (Wellness Events) <i>Virtual I.</i>	11:30AM-12:20PM (Wellness Events) <i>Virtual I.</i>	11:30AM-12:20PM (Wellness Events) <i>Virtual I.</i>		
Mat Pilates Main Group Ex Studio Sign Up	4:00PM-4:50PM (Mind Body) <i>Virtual I.</i>	5:10AM-6:00AM (Mind Body) <i>Virtual I.</i>	4:00PM-4:50PM (Mind Body) <i>Virtual I.</i>	5:10AM-6:00AM (Mind Body) <i>Virtual I.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
\$ Youth Performance Evaluation Basketball Court: Side A Sign Up	4:30PM-5:30PM (Athletic Performance)						
Reserved for Programming Tennis Court 5&6	5:00PM-7:00PM (Tennis)	5:00PM-6:00PM (Tennis)	5:00PM-7:00PM (Tennis)				
LES MILLS BODYCOMBAT™ Main Group Ex Studio Sign Up	5:00PM-6:00PM (Cardio & Dance) <i>Matthew C.</i>		5:00PM-6:00PM (Cardio & Dance) <i>Veronica A.</i>			8:00AM-9:00AM (Cardio & Dance) <i>Matthew C.</i>	
\$ Youth Athletic Performance: Speed & Agility Basketball Court: Side A	5:30PM-6:30PM (Athletic Performance)		5:30PM-6:30PM (Athletic Performance)				
Family Gym - Half Court Basketball Court: Side A Sign Up	5:30PM-6:30PM (Basketball)	5:30PM-6:30PM (Basketball) 5:30PM-6:30PM (Basketball)	5:30PM-6:30PM (Basketball)	5:30PM-6:30PM (Basketball)	5:30PM-6:30PM (Basketball)	5:30PM-6:30PM (Basketball)	5:30PM-6:30PM (Basketball)
Reserve a Court Tennis Court 5 Sign Up	6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	8:00PM-9:00PM (Tennis)	7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	6:00PM-7:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis)	4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:30PM (Tennis)
Pickleball Open Play Pickleball Courts 1-8	6:00PM-9:30PM (Pickleball)				5:30PM-9:30PM (Pickleball)		1:00PM-6:00PM (Pickleball)
Pickleball Open Play - Level 3.5 & Up Pickleball Courts 4-6	6:00PM-9:00PM (Pickleball)						
Reserved for Programming Pickleball Court 7&8	6:00PM-9:00PM (Pickleball)		6:00PM-9:00PM (Pickleball)				
Pickleball Open Play - Level 3.5 & Up Pickleball Court 1-3	6:00PM-9:00PM (Pickleball)		6:00PM-9:00PM (Pickleball)				
LES MILLS BODYPUMP EXPRESS™ Main Group Ex Studio Sign Up	6:10PM-7:00PM (Strength & Endurance) <i>Stephanie H.</i>		6:10PM-7:00PM (Strength & Endurance) <i>Denise R.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Shoot-around Basketball Court: Side A	6:30PM-10:30PM (Basketball)	6:30PM-10:30PM (Basketball)	6:00PM-10:45PM (Basketball)	6:30PM-10:30PM (Basketball)			4:00PM-8:00PM (Basketball)
Basketball Open Play 1/2 Court Basketball Court: Side B	6:30PM-10:30PM (Basketball)	7:30PM-10:30PM (Basketball)		6:30PM-10:30PM (Basketball)			
Reserve a Court Tennis Court 4 Sign Up	7:00PM-8:00PM (Tennis)	8:00PM-9:00PM (Tennis)	6:00PM-7:00PM (Tennis)	7:00PM-8:00PM (Tennis)	5:00PM-6:00PM (Tennis)	8:00AM-9:00AM (Tennis)	1:00PM-2:00PM (Tennis)
	8:00PM-9:00PM (Tennis)	9:00PM-10:30PM (Tennis)	7:00PM-8:00PM (Tennis)	8:00PM-9:00PM (Tennis)	6:00PM-7:00PM (Tennis)	9:00AM-10:00AM (Tennis)	2:00PM-3:00PM (Tennis)
	9:00PM-10:30PM (Tennis)		8:00PM-9:00PM (Tennis)	9:00PM-10:30PM (Tennis)	7:00PM-8:00PM (Tennis)	10:00AM-11:00AM (Tennis)	3:00PM-4:00PM (Tennis)
			9:00PM-10:30PM (Tennis)		8:00PM-9:00PM (Tennis)	11:00AM-12:00PM (Tennis)	4:00PM-5:00PM (Tennis)
					9:00PM-10:30PM (Tennis)	12:00PM-1:00PM (Tennis)	5:00PM-6:00PM (Tennis)
						1:00PM-2:00PM (Tennis)	6:00PM-7:30PM (Tennis)
						2:00PM-3:00PM (Tennis)	
						3:00PM-4:00PM (Tennis)	
						4:00PM-5:00PM (Tennis)	
						5:00PM-6:00PM (Tennis)	
						6:00PM-7:00PM (Tennis)	
DANCE FX Main Group Ex Studio Sign Up	7:10PM-8:00PM (Cardio & Dance) <i>Stephanie H.</i>					11:10AM-12:10PM (Cardio & Dance) <i>Stephanie H.</i>	
Closed All Tennis Courts	10:30PM-11:00PM (Tennis)						7:30PM-8:00PM (Tennis)
Yoga Flow Main Group Ex Studio Sign Up		6:10AM-7:00AM (Mind Body) <i>Virtual I.</i>		6:10AM-7:00AM (Mind Body) <i>staff</i>			
		4:00PM-4:50PM (Mind Body) <i>Virtual I.</i>		4:00PM-4:50PM (Mind Body) <i>Virtual</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved for Programming Tennis Court 5		7:00AM-5:00PM (Tennis)		7:00AM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis)			
Closed for Group Exercise Basketball Court: Side B		8:00AM-8:45AM (Basketball)		8:00AM-8:45AM (Basketball)			
Total Body Strength Basketball Court: Side B Sign Up		8:10AM-8:55AM (Strength & Endurance) <i>Christopher R.</i>		8:10AM-8:55AM (Strength & Endurance) <i>Lisa G.</i>			
Reserved for Programming Tennis Court 3		8:30AM-11:30AM (Tennis)		9:30AM-10:30AM (Tennis)			
Yoga Flow Mind Body Studio Sign Up		8:30AM-9:20AM (Mind Body) <i>Reisa D.</i>		8:30AM-9:20AM (Mind Body) <i>Reisa D.</i>			2:30PM-3:30PM (Mind Body) <i>Lyn L.</i>
Reserved for Programming Tennis Court 2		9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis)		9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis)			
Reserved for Programming Tennis Court 1		9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis)		9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis)			
Pickleball Leagues Pickleball Courts 1-6		9:00AM-11:00AM (Pickleball) 6:30PM-9:00PM (Pickleball)		8:00AM-11:00AM (Pickleball) 6:30PM-9:00PM (Pickleball)			
LES MILLS BODYBALANCE™ Main Group Ex Studio Sign Up		9:30AM-10:20AM (Mind Body) <i>Robin S.</i>		9:30AM-10:20AM (Mind Body) <i>Robin S.</i>			
Stretch FX Mind Body Studio Sign Up		10:30AM-11:20AM (Mind Body) <i>Cheryl O.</i>		10:30AM-11:20AM (Mind Body) <i>Cheryl O.</i>		11:05AM-11:55AM (Mind Body) <i>Cheryl O.</i>	
ForeverWell Balance Main Group Ex Studio Sign Up		10:30AM-11:20AM (Foreverwell) <i>Lisa G.</i>		10:30AM-11:20AM (Foreverwell) <i>Loyda C.</i>			
ForeverWell Circuit Main Group Ex Studio Sign Up		11:30AM-12:10PM (Foreverwell) <i>Krista D.</i>					
AQUA ZUMBA® Outdoor Pool Sign Up		4:00PM-5:00PM (Aqua Group Exercise) <i>Anabel (.</i>			4:00PM-5:00PM (Aqua Group Exercise) <i>Anabel (.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kids Fit Basketball Court: Side A Sign Up		4:30PM-5:30PM (Kids Club On The Move) <i>Brian S.</i>		4:30PM-5:30PM (Kids Club On The Move) <i>Laura A.</i>			
\$ Juniors Clinics Racquetball Court 5		5:00PM-6:00PM (Racquetball)		5:00PM-6:00PM (Racquetball)			
\$ Juniors Clinics Racquetball Court 4		5:00PM-6:00PM (Racquetball)		5:00PM-6:00PM (Racquetball)			
Reserve a Court Pickleball 7 Sign Up		5:00PM-6:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)		12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 6:00PM-7:00PM (Pickleball) 7:00PM-8:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 6:00PM-7:00PM (Pickleball)	
Reserved for Programming Tennis Court 1-3		5:00PM-8:00PM (Tennis)					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball Court 8 Sign Up		5:00PM-6:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)		12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 6:00PM-7:00PM (Pickleball) 7:00PM-8:00PM (Pickleball) 8:00PM-9:00PM (Pickleball) 9:00PM-10:00PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 2:00PM-3:00PM (Pickleball) 3:00PM-4:00PM (Pickleball) 4:00PM-5:30PM (Pickleball)	12:30PM-1:00PM (Pickleball) 1:00PM-2:00PM (Pickleball) 4:00PM-5:00PM (Pickleball) 5:00PM-6:00PM (Pickleball) 6:00PM-7:00PM (Pickleball)	
\$ Youth Athletic Performance: Basketball Skills: Basketball Court: Side B		5:30PM-6:30PM (Athletic Performance) <i>Brian S.</i>					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball Court 9 Sign Up		6:00PM-7:00PM (Pickleball)	6:00PM-7:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)
		7:00PM-8:00PM (Pickleball)	7:00PM-8:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)
		8:00PM-9:00PM (Pickleball)		2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)
		9:00PM-10:00PM (Pickleball)		3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)
				4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	6:00PM-7:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)
				5:00PM-6:00PM (Pickleball)	6:00PM-7:00PM (Pickleball)		
				6:00PM-7:00PM (Pickleball)	7:00PM-8:00PM (Pickleball)		
				7:00PM-8:00PM (Pickleball)	8:00PM-9:00PM (Pickleball)		
Reserve a Court Pickleball 10 Sign Up		6:00PM-7:00PM (Pickleball)	6:00PM-7:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)
		7:00PM-8:00PM (Pickleball)	7:00PM-8:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)
		8:00PM-9:00PM (Pickleball)		2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)
		9:00PM-10:00PM (Pickleball)		3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)
				4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	6:00PM-7:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)
				5:00PM-6:00PM (Pickleball)	6:00PM-7:00PM (Pickleball)		
				6:00PM-7:00PM (Pickleball)	7:00PM-8:00PM (Pickleball)		
				7:00PM-8:00PM (Pickleball)	8:00PM-9:00PM (Pickleball)		
				8:00PM-9:00PM (Pickleball)			
				9:00PM-10:00PM (Pickleball)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Step FX Main Group Ex Studio Sign Up		7:10PM-8:00PM (Cardio & Dance) <i>Beth B.</i>		7:10PM-8:00PM (Cardio & Dance) <i>Beth B.</i>			
Basketball Court Closed Basketball Court: Side A			7:00AM-6:00PM (Basketball)	7:00AM-6:00PM (Basketball)	7:00AM-6:00PM (Basketball)		
Reserve a Court Tennis Court 7 Sign Up			12:00PM-1:00PM (Tennis) 9:00PM-10:30PM (Tennis)		4:00PM-5:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	1:00PM-2:00PM (Tennis)	5:00PM-6:00PM (Tennis)
Pickleball Open Play - Level 3.5 & Under Pickleball Courts 4-6			6:00PM-9:00PM (Pickleball)				
Reserve a Court Tennis Court 8 Sign Up			7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)		8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)		
Pickleball Open Play Pickleball Court 7&8				8:00AM-12:00PM (Pickleball)			
Reserved for Programming Pickleball Courts 9&10				9:00AM-11:00AM (Pickleball)			
Tai Chi Mind Body Studio Sign Up				9:30AM-10:15AM (Mind Body) <i>Debra C.</i>		10:05AM-10:55AM (Mind Body) <i>Debra C.</i>	
SilverSneakers® Circuit Main Group Ex Studio Sign Up				11:30AM-12:20PM (Foreverwell) <i>Loyda C.</i>			
Reserved for Programming Main Group Ex Studio				1:00PM-2:00PM (Wellness Events) <i>Virtual I.</i>	12:30PM-1:30PM (Wellness Events) <i>Virtual I.</i>		
Closed for Youth & Family Programming Basketball Court: Side A				4:30PM-5:30PM (Basketball)			

[illegible]



Schertz Family YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (2 lanes) Lap Pool	5:00AM-6:00AM (Aquatics) 6:00AM-7:00AM (Aquatics) 7:00AM-8:00AM (Aquatics) 8:00AM-9:00AM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics)	5:00AM-6:00AM (Aquatics) 6:00AM-7:00AM (Aquatics) 7:00AM-8:00AM (Aquatics) 8:00AM-9:00AM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics)	5:00AM-6:00AM (Aquatics) 6:00AM-7:00AM (Aquatics) 7:00AM-8:00AM (Aquatics) 8:00AM-9:00AM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics) 5:00PM-6:00PM (Aquatics) 6:00PM-7:00PM (Aquatics)	5:00AM-6:00AM (Aquatics) 6:00AM-7:00AM (Aquatics) 7:00AM-8:00AM (Aquatics) 8:00AM-9:00AM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics)	5:00AM-6:00AM (Aquatics) 6:00AM-7:00AM (Aquatics) 7:00AM-8:00AM (Aquatics) 8:00AM-9:00AM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics) 7:00PM-8:00PM (Aquatics)	7:00AM-8:00AM (Aquatics)	
LES MILLS BODYPUMP™ Main Studio Sign Up	5:05AM-6:00AM (Strength & Endurance) <i>Shannon C.</i> 9:25AM-10:30AM (Strength & Endurance) <i>Erin A.</i> 5:30PM-6:25PM (Strength & Endurance) <i>Lindsey G.</i>	6:15AM-7:10AM (Strength & Endurance) <i>Rachel H.</i> 5:50PM-6:45PM (Strength & Endurance) <i>Stephanie H.</i>	5:05AM-6:00AM (Strength & Endurance) <i>Jeanette G.</i> 9:25AM-10:30AM (Strength & Endurance) <i>Lindsey G.</i> 5:30PM-6:25PM (Strength & Endurance) <i>Lindsey G.</i>	6:15AM-7:10AM (Strength & Endurance) <i>Rachel H.</i> 5:50PM-6:45PM (Strength & Endurance) <i>Stephanie H.</i>	9:30AM-10:25AM (Strength & Endurance) <i>Chenille F.</i> 5:30PM-6:25PM (Strength & Endurance) <i>Shannon C.</i>	9:00AM-9:55AM (Strength & Endurance) <i>Shannon C.</i>	
Closed for Group Exercise Basketball Court	5:15AM-6:00AM (Basketball) 9:35AM-10:30AM (Basketball)		5:15AM-6:00AM (Basketball) 9:35AM-10:30AM (Basketball)		9:35AM-10:30AM (Basketball)		
Y-Fit Basketball Court Sign Up	5:15AM-5:50AM (Strength & Endurance) <i>Lindsey G.</i>		5:15AM-5:50AM (Strength & Endurance) <i>Lindsey G.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Shoot-around Basketball Court	6:00AM-9:00AM (Basketball) 2:00PM-5:30PM (Basketball)	5:00AM-7:00AM (Basketball) 2:00PM-5:30PM (Basketball) 9:00PM-10:30PM (Basketball)	6:00AM-9:00AM (Basketball) 2:00PM-6:00PM (Basketball) 10:00PM-10:30PM (Basketball)	5:00AM-7:00AM (Basketball) 2:00PM-5:30PM (Basketball) 9:00PM-10:30PM (Basketball)	5:00AM-9:00AM (Basketball) 2:00PM-8:30PM (Basketball)	7:00AM-4:00PM (Basketball)	6:00PM-7:30PM (Basketball)
DANCE FX Main Studio Sign Up	7:00AM-7:55AM (Cardio & Dance) <i>Virtual</i>		7:00AM-7:55AM (Cardio & Dance) <i>Virtual</i>				
Family Swim Leisure Pool	8:00AM-9:00AM (Aquatics) 10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics) 5:00PM-6:00PM (Aquatics) 7:00PM-8:00PM (Aquatics)	8:00AM-9:00AM (Aquatics) 10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics) 5:00PM-6:00PM (Aquatics) 7:00PM-8:00PM (Aquatics)	8:00AM-9:00AM (Aquatics) 10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics) 5:00PM-6:00PM (Aquatics) 7:00PM-8:00PM (Aquatics)	8:00AM-9:00AM (Aquatics) 10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics) 5:00PM-6:00PM (Aquatics) 7:00PM-8:00PM (Aquatics)	8:00AM-9:00AM (Aquatics) 10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics) 5:00PM-6:00PM (Aquatics) 7:00PM-8:00PM (Aquatics)		
ForeverWell Total Body Studio 2 Sign Up	8:00AM-8:55AM (Foreverwell) <i>Sandy V.</i>			11:15AM-12:10PM (Foreverwell) <i>Jane H.</i>	8:00AM-8:55AM (Foreverwell) <i>Jane H.</i>		
Mat Pilates Main Studio Sign Up	8:15AM-9:10AM (Mind Body) <i>Virtual</i>		8:15AM-9:10AM (Mind Body) <i>Kimberly L.</i> 6:35PM-7:30PM (Mind Body) <i>Gwen D.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycle Cycle Studio Sign Up	8:30AM-9:25AM (Cycle) <i>Jane H.</i> 6:30PM-7:25PM (Cycle) <i>Jo P.</i>	5:15AM-6:10AM (Cycle) <i>Mary F.</i> 8:30AM-9:25AM (Cycle) <i>Rachel H.</i> 6:00PM-6:55PM (Cycle) <i>Liberty C.</i>	6:00PM-6:55PM (Cycle) <i>Goodie G.</i>	5:15AM-6:10AM (Cycle) <i>Mary F.</i> 8:30AM-9:25AM (Cycle) <i>Rachel H.</i> 6:00PM-6:55PM (Cycle) <i>Liberty C.</i>	8:30AM-9:25AM (Cycle) <i>Chenille F.</i>	8:30AM-10:00AM (Cycle) <i>Jennifer H.</i>	
Lap Swim (4 lanes) Lap Pool	9:00AM-10:00AM (Aquatics) 8:00PM-9:00PM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics) 10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 8:00PM-9:00PM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	11:00AM-12:00PM (Aquatics) 1:00PM-2:00PM (Aquatics)	
Closed for Aqua Class Leisure Pool	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)		
ForeverWell Barre Studio 2 Sign Up	9:10AM-10:05AM (Foreverwell) <i>Jane H.</i>				10:15AM-11:10AM (Foreverwell) <i>Jane H.</i>		
Aqua Fit Leisure Pool Sign Up	9:15AM-10:00AM (Aqua Group Exercise) <i>Debbye G.</i> 1:15PM-2:00PM (Aqua Group Exercise) <i>Jennifer F.</i>			9:15AM-10:00AM (Aqua Group Exercise) <i>Jane H.</i>	9:15AM-10:00AM (Aqua Group Exercise) <i>Edna M.</i>		
Aqua Fit Lap Pool Sign Up	9:15AM-10:00AM (Aqua Group Exercise) <i>Debbye G.</i> 1:15PM-2:00PM (Aqua Group Exercise) <i>Jennifer F.</i>		1:15PM-2:00PM (Aqua Group Exercise) <i>Nikki F.</i>	9:15AM-10:00AM (Aqua Group Exercise) <i>Jane H.</i> 6:30PM-7:15PM (Aqua Group Exercise) <i>Karen W.</i>	9:15AM-10:00AM (Aqua Group Exercise) <i>Edna M.</i>		
TRX® HIIT Wellness Floor Sign Up	9:30AM-10:25AM (Strength & Endurance) <i>Lindsey G.</i>			8:30AM-9:25AM (Strength & Endurance) <i>Lindsey G.</i>			
ZUMBA ® Basketball Court Sign Up	9:35AM-10:30AM (Cardio & Dance) <i>Leslie C.</i>		9:35AM-10:30AM (Cardio & Dance) <i>Sothy N.</i>		9:35AM-10:30AM (Cardio & Dance) <i>Jenii P.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (8 lanes) Lap Pool	10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 2:00PM-3:00PM (Aquatics)	10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 8:00PM-9:00PM (Aquatics)	12:00PM-1:00PM (Aquatics) 2:00PM-3:00PM (Aquatics)	10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 8:00PM-9:00PM (Aquatics)	10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics)	12:00PM-1:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 3:00PM-4:00PM (Aquatics)	1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics)
SilverSneakers® Circuit Studio 2 Sign Up	10:15AM-11:10AM (Foreverwell) <i>Jane H.</i>						
Closed for Programming Basketball Court	10:30AM-2:00PM (Basketball)	9:00AM-2:00PM (Basketball)	10:30AM-2:00PM (Basketball)	9:00AM-2:00PM (Basketball)	10:30AM-2:00PM (Basketball)	8:30PM-4:00PM (Basketball)	
Yoga Restore Main Studio Sign Up	10:35AM-11:30AM (Mind Body) <i>Virtual</i>		10:35AM-11:30AM (Mind Body) <i>Ashley S.</i>	10:35AM-11:30AM (Mind Body) <i>Holly M.</i>			
ForeverWell Balance Studio 2 Sign Up	11:25AM-12:15PM (Foreverwell) <i>Edna M.</i>		11:10AM-12:05PM (Foreverwell) <i>Nikki F.</i>		11:25AM-12:20PM (Foreverwell) <i>Nikki F.</i>		
Lap Swim (5 lanes) Lap Pool	1:00PM-2:00PM (Aquatics)		1:00PM-2:00PM (Aquatics)				
HIIT FX Main Studio Sign Up	4:30PM-5:15PM (Strength & Endurance) <i>Lindsey G.</i>		4:30PM-5:15PM (Strength & Endurance) <i>Kallie G.</i>				
Lap Swim (1 lane) Lap Pool	5:00PM-6:00PM (Aquatics) 6:00PM-7:00PM (Aquatics)	5:00PM-6:00PM (Aquatics)		5:00PM-6:00PM (Aquatics)	5:00PM-6:00PM (Aquatics) 6:00PM-7:00PM (Aquatics)	10:00AM-12:00PM (Aquatics)	
\$ S.T.E.M Club Youth and Family Programming Studio	5:00PM-5:45PM (Youth Specialty Programs) <i>Amanda Z.</i>						
Reserved for Programming Leisure Pool	6:00PM-7:00PM (Aquatics)	6:00PM-7:00PM (Aquatics)	6:00PM-7:00PM (Aquatics)	6:00PM-7:00PM (Aquatics)	6:00PM-7:00PM (Aquatics)		
ZUMBA ® Studio 2 Sign Up	6:00PM-6:55PM (Cardio & Dance) <i>Jennifer F.</i>						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved for Programming Lap Pool	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)		8:00AM-9:00AM (Aquatics) 9:00AM-10:00AM (Aquatics)	
Basketball Court Closed Basketball Court	10:30PM-11:00PM (Basketball)	10:30PM-11:00PM (Basketball)	10:30PM-11:00PM (Basketball)	10:30PM-11:00PM (Basketball)	8:30PM-9:00PM (Basketball)	7:30PM-8:00PM (Basketball)	7:30PM-8:00PM (Basketball)
Y Walk Basketball Court		7:00AM-8:30AM (Other Activities)		7:00AM-8:30AM (Other Activities)			
Core FX Main Studio Sign Up		7:20AM-7:50AM (Strength & Endurance) <i>Rachel H.</i>		7:20AM-7:50AM (Strength & Endurance) <i>Rachel H.</i>			
LES MILLS BODYCOMBAT™ Main Studio Sign Up		8:30AM-9:25AM (Cardio & Dance) <i>Nicci H.</i>		8:30AM-9:25AM (Cardio & Dance) <i>Nicci H.</i>		8:00AM-8:50AM (Cardio & Dance) <i>Nicci H.</i>	
Tai Chi Studio 2 Sign Up		9:00AM-9:45AM (Mind Body) <i>Donald B.</i>		9:00AM-9:45AM (Mind Body) <i>Donald B.</i>			
AQUA ZUMBA® Lap Pool Sign Up		9:15AM-10:00AM (Aqua Group Exercise) <i>Jennifer F.</i> 6:30PM-7:15PM (Aqua Group Exercise) <i>Laura H.</i>	9:15AM-10:00AM (Aqua Group Exercise) <i>Jennifer F.</i>			10:15AM-11:00AM (Aqua Group Exercise) <i>Jennifer F.</i>	
AQUA ZUMBA® Leisure Pool Sign Up		9:15AM-10:00AM (Aqua Group Exercise) <i>Jennifer F.</i>	9:15AM-10:00AM (Aqua Group Exercise) <i>Jennifer F.</i>				
ZUMBA ® Main Studio Sign Up		9:35AM-10:30AM (Cardio & Dance) <i>Leslie C.</i> 6:50PM-7:45PM (Cardio & Dance) <i>Stephanie H.</i>		9:35AM-10:30AM (Cardio & Dance) <i>Leslie C.</i> 6:50PM-7:45PM (Cardio & Dance) <i>Stephanie H.</i>			
ZUMBA® GOLD Studio 2 Sign Up		10:00AM-10:45AM (Foreverwell) <i>Jenii P.</i>					
ForeverWell Total Body Main Studio Sign Up		11:00AM-11:45AM (Foreverwell) <i>Sandy V.</i>					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYBALANCE™ Main Studio Sign Up		12:00PM-12:55PM (Mind Body) <i>Courtney E.</i>			5:05AM-6:00AM (Mind Body) <i>Nikki C.</i> 10:35AM-11:30AM (Mind Body) <i>Norma S.</i>		
Row Circuit Main Studio Sign Up		4:30PM-5:25PM (Strength & Endurance) <i>Melissa R.</i>		4:30PM-5:25PM (Strength & Endurance) <i>Lindsey G.</i>	8:15AM-9:10AM (Strength & Endurance) <i>Lindsey G.</i>		
Closed for YMCA Sports Basketball Court		5:30PM-9:00PM (Basketball)		5:30PM-9:00PM (Basketball)		4:00PM-7:30PM (Basketball)	1:00PM-6:00PM (Basketball)
Closed for Aqua Class Lap Pool		6:00PM-7:00PM (Aquatics)		6:00PM-7:00PM (Aquatics)			
Mat Pilates Studio 2 Sign Up		6:00PM-6:55PM (Mind Body) <i>Kimberly L.</i>					
Core FX Main Studio Sign Up		7:55PM-8:15PM (Core & Balance) <i>Virtual</i>		7:55PM-8:15PM (Core & Balance) <i>Virtual</i>			
ForeverWell Chair Yoga Studio 2 Sign Up			9:00AM-9:45AM (Foreverwell) <i>Courtney E.</i>		9:10AM-10:05AM (Foreverwell) <i>Liz G.</i>		
Silver & Fit® Studio 2 Sign Up			10:00AM-10:55AM (Foreverwell) <i>Edna M.</i>				
\$ Little Picassos Youth and Family Programming Studio			5:00PM-6:45PM (Youth Specialty Programs) <i>Amanda Z.</i>				
Pickleball Open Play Basketball Court			6:00PM-10:00PM (Pickleball) 6:00PM-10:00PM (Pickleball)				
\$ Little Dancers Youth and Family Programming Studio					4:30PM-6:15PM (Youth Specialty Programs) <i>Heather D.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1/2 Pool Open Swim Leisure Pool						8:00AM-9:00AM (Aquatics) 9:00AM-10:00AM (Aquatics) 10:00AM-11:00AM (Aquatics) 11:00AM-12:00PM (Aquatics) 12:00PM-1:00PM (Aquatics) 1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 3:00PM-4:00PM (Aquatics)	1:00PM-2:00PM (Aquatics) 2:00PM-3:00PM (Aquatics) 3:00PM-4:00PM (Aquatics) 4:00PM-5:00PM (Aquatics)
TRX® Fundamentals Wellness Floor Sign Up						8:30AM-9:25AM (Strength & Endurance) <i>Kallie G.</i>	
Tai Chi Main Studio Sign Up						10:05AM-11:00AM (Mind Body) <i>Donald B.</i>	



Mays Family YMCA at Potranco | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (4 lanes) Large Pool	5:00AM-5:50AM (Aquatics) 6:00AM-6:50AM (Aquatics) 1:00PM-1:50PM (Aquatics) 2:00PM-2:50PM (Aquatics) 3:00PM-3:50PM (Aquatics) 8:00PM-8:50PM (Aquatics)	5:00AM-5:50AM (Aquatics) 6:00AM-6:50AM (Aquatics) 4:00PM-4:50PM (Aquatics)	5:00AM-5:50AM (Aquatics) 6:00AM-6:50AM (Aquatics) 1:00PM-1:50PM (Aquatics) 2:00PM-2:50PM (Aquatics) 3:00PM-3:50PM (Aquatics) 8:00PM-8:50PM (Aquatics)	5:00AM-5:50AM (Aquatics) 6:00AM-6:50AM (Aquatics) 4:00PM-4:50PM (Aquatics)	5:00AM-5:50AM (Aquatics) 6:00AM-6:50AM (Aquatics) 12:00PM-12:50PM (Aquatics) 4:00PM-4:50PM (Aquatics) 5:00PM-5:50PM (Aquatics) 5:00PM-5:50PM (Aquatics) 6:00PM-6:50PM (Aquatics) 7:00PM-7:50PM (Aquatics) 8:00PM-8:50PM (Aquatics)	3:00PM-3:50PM (Aquatics) 4:00PM-4:50PM (Aquatics)	3:00PM-3:50PM (Aquatics) 4:00PM-4:50PM (Aquatics)
Boot Camp Studio 1 Sign Up	5:00AM-5:50AM (Strength & Endurance) <i>Josie S.</i>						
Shoot-around Basketball Court	6:00AM-8:45AM (Basketball)	6:00AM-8:45AM (Basketball)	6:00AM-8:45AM (Basketball)	6:00AM-8:45AM (Basketball)	6:00AM-8:45AM (Basketball)	6:00PM-7:45PM (Basketball)	
Mat Pilates Studio 1 Sign Up	6:00AM-6:50AM (Mind Body) <i>Virtual</i>	5:00PM-5:50PM (Mind Body) <i>Virtual</i>	6:00AM-6:45AM (Mind Body) <i>Virtual</i>	4:00PM-4:50PM (Mind Body) <i>Virtual I.</i>	6:00AM-6:45AM (Mind Body) <i>Virtual</i> 8:00AM-8:30AM (Mind Body) <i>Virtual</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim Small Pool	6:00AM-6:50AM (Aquatics) 7:00AM-7:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	6:00AM-6:50AM (Aquatics) 7:00AM-7:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	6:00AM-6:50AM (Aquatics) 7:00AM-7:50AM (Aquatics) 8:00AM-8:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	6:00AM-6:50AM (Aquatics) 7:00AM-7:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	6:00AM-6:50AM (Aquatics) 7:00AM-7:50AM (Aquatics) 8:00AM-8:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 11:00AM-11:50AM (Aquatics) 8:00PM-8:50PM (Aquatics)		
Lap Swim (1 lane) Large Pool	7:00AM-7:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	11:00AM-11:50AM (Aquatics)	7:00AM-7:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	11:00AM-11:50AM (Aquatics)			
Lap Swim (2 lanes) Large Pool	8:00AM-8:50AM (Aquatics) 9:00AM-9:50AM (Aquatics) 12:00PM-12:50PM (Aquatics) 4:00PM-4:50PM (Aquatics) 5:00PM-5:50PM (Aquatics)	7:00AM-7:50AM (Aquatics) 8:00AM-8:50AM (Aquatics) 9:00AM-9:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 12:00PM-12:50PM (Aquatics) 5:00PM-5:50PM (Aquatics) 6:00PM-6:50PM (Aquatics)	8:00AM-8:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 12:00PM-12:50PM (Aquatics) 4:00PM-4:50PM (Aquatics) 5:00PM-5:50PM (Aquatics)	7:00AM-7:50AM (Aquatics) 8:00AM-8:50AM (Aquatics) 9:00AM-9:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 12:00PM-12:50PM (Aquatics) 5:00PM-5:50PM (Aquatics) 6:00PM-6:50PM (Aquatics)	7:00AM-7:50AM (Aquatics) 8:00AM-8:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	8:00AM-8:50AM (Aquatics) 9:00AM-9:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 11:00AM-11:50AM (Aquatics) 1:00PM-1:50PM (Aquatics) 2:00PM-2:50PM (Aquatics)	
Aqua Volleyball Small Pool Sign Up	8:00AM-8:50AM (Aquatics)	8:00AM-8:50AM (Aquatics) 9:00AM-9:50AM (Aquatics)		8:00AM-8:50AM (Aquatics) 9:00AM-9:50AM (Aquatics)			
Closed for Group Exercise Basketball Court	8:45AM-10:00AM (Basketball)	8:45AM-11:00AM (Basketball)		8:45AM-10:00AM (Basketball)	10:00AM-11:00AM (Basketball)		
Boot Camp Studio 2 Sign Up	8:45AM-9:35AM (Strength & Endurance) <i>Andreu O.</i>	8:45AM-9:35AM (Strength & Endurance) <i>Corrine W.</i>	8:45AM-9:35AM (Strength & Endurance) <i>Christian W.</i>	8:45AM-9:35AM (Strength & Endurance) <i>Tia C.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers® Circuit Studio 1 Sign Up	8:45AM-9:35AM (Foreverwell) <i>Lourdes I.</i>						
ZUMBA ® Basketball Court Sign Up	9:00AM-9:50AM (Cardio & Dance) <i>Cindy A.</i>	10:00AM-10:50AM (Cardio & Dance) <i>Kimberly P.</i>		9:00AM-9:50AM (Cardio & Dance) <i>Kristy W.</i>			
Yoga Restore Studio 2 Sign Up	9:45AM-10:35AM (Mind Body) <i>Andreu O.</i>			6:00PM-6:50PM (Mind Body) <i>Christine C.</i>			
Reps FX Studio 1 Sign Up	9:45AM-10:35AM (Strength & Endurance) <i>Kari T.</i>	6:00PM-6:50PM (Strength & Endurance) <i>Kari T.</i>			9:45AM-10:35AM (Strength & Endurance) <i>Michelle W.</i>		
Closed for Youth & Family Programming Basketball Court	10:00AM-1:00PM (Basketball) 5:00PM-7:00PM (Basketball)	11:00AM-1:00PM (Basketball)	8:45AM-1:00PM (Basketball)	10:00AM-1:00PM (Basketball) 5:00PM-7:00PM (Basketball)	8:45AM-10:00AM (Basketball) 11:00AM-1:00PM (Basketball)	8:00AM-2:00PM (Basketball)	
AQUA ZUMBA® Large Pool Sign Up	10:00AM-11:00AM (Aqua Group Exercise) <i>Anabel (.</i>				9:00AM-9:50AM (Aqua Group Exercise) <i>Cindy A.</i>		
AQUA ZUMBA® Small Pool Sign Up	10:00AM-11:00AM (Aqua Group Exercise) <i>Anabel (.</i>		8:00PM-8:50PM (Aqua Group Exercise) <i>Anabel (.</i>		9:00AM-9:50AM (Aqua Group Exercise) <i>Cindy A.</i>		
Step FX Studio 1 Sign Up	10:45AM-11:35AM (Cardio & Dance) <i>Kari T.</i>				6:00PM-6:50PM (Cardio & Dance) <i>Kari T.</i>		
Yoga Strength Studio 2 Sign Up	10:45AM-11:35AM (Mind Body) <i>Michelle N.</i>	6:00PM-6:50PM (Mind Body) <i>Elizabeth K.</i>	10:45AM-11:35AM (Mind Body) <i>Heather H.</i>			11:45AM-12:35PM (Mind Body) <i>Andreu O.</i>	
Reserved for Programming Small Pool	11:00AM-11:50AM (Aquatics) 12:00PM-12:50PM (Aquatics) 4:00PM-4:50PM (Aquatics) 5:00PM-5:50PM (Aquatics)	11:00AM-11:50AM (Aquatics) 12:00PM-12:50PM (Aquatics) 5:00PM-5:50PM (Aquatics) 6:00PM-6:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)	11:00AM-11:50AM (Aquatics) 12:00PM-12:50PM (Aquatics) 4:00PM-4:50PM (Aquatics) 5:00PM-5:50PM (Aquatics)	11:00AM-11:50AM (Aquatics) 12:00PM-12:50PM (Aquatics) 5:00PM-5:50PM (Aquatics) 6:00PM-6:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)		12:00PM-12:50PM (Aquatics)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Family Swim Small Pool	1:00PM-1:50PM (Aquatics) 2:00PM-2:50PM (Aquatics) 3:00PM-3:50PM (Aquatics) 6:00PM-6:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)	4:00PM-4:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)	1:00PM-1:50PM (Aquatics) 2:00PM-2:50PM (Aquatics) 3:00PM-3:50PM (Aquatics) 6:00PM-6:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)	4:00PM-4:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)	12:00PM-12:50PM (Aquatics) 4:00PM-4:50PM (Aquatics) 5:00PM-5:50PM (Aquatics) 6:00PM-6:50PM (Aquatics) 6:00PM-6:50PM (Aquatics) 7:00PM-7:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)	12:00PM-12:50PM (Aquatics) 1:00PM-1:50PM (Aquatics) 2:00PM-2:50PM (Aquatics) 3:00PM-3:50PM (Aquatics) 4:00PM-4:50PM (Aquatics)	1:00PM-1:50PM (Aquatics) 2:00PM-2:50PM (Aquatics) 4:00PM-4:50PM (Aquatics)
Basketball Open Play 1/2 Court Basketball Court	1:00PM-5:00PM (Basketball)						
Core FX Studio 1	1:00PM-1:50PM (Core & Balance) <i>Virtual I.</i>		1:00PM-1:50PM (Core & Balance) <i>Virtual I.</i>		1:00PM-1:50PM (Core & Balance) <i>Virtual I.</i>		
Stretch FX Studio 1	2:00PM-2:50PM (Mind Body) <i>Virtual I.</i>		11:10AM-11:35AM (Mind Body) <i>Josie S.</i> 2:00PM-2:50PM (Mind Body) <i>Virtual I.</i>		11:10AM-11:35AM (Mind Body) <i>Corrine W.</i> 2:00PM-2:50PM (Mind Body) <i>Virtual I.</i>		
Reserved for Programming Large Pool	4:00PM-4:50PM (Aquatics) 5:00PM-5:50PM (Aquatics) 6:00PM-6:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)	7:00PM-7:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)	4:00PM-4:50PM (Aquatics) 5:00PM-5:50PM (Aquatics) 6:00PM-6:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)	7:00PM-7:50PM (Aquatics) 7:00PM-7:50PM (Aquatics)		8:00AM-8:50AM (Aquatics) 9:00AM-9:50AM (Aquatics) 10:00AM-10:50AM (Aquatics) 11:00AM-11:50PM (Aquatics)	
Barre Studio 1	5:00PM-5:35PM (Mind Body) <i>Virtual</i>				4:00PM-4:50PM (Mind Body) <i>Virtual I.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYPUMP™ Studio 1 Sign Up	5:45PM-6:45PM (Strength & Endurance) <i>Josie S.</i>	6:30AM-7:20AM (Strength & Endurance) <i>Katelyn V.</i>	9:45AM-10:35AM (Strength & Endurance) <i>Josie S.</i> 7:00PM-7:50PM (Strength & Endurance) <i>Josie S.</i>	6:30AM-7:20AM (Strength & Endurance) <i>Leonard T.</i> 5:45PM-6:45PM (Strength & Endurance) <i>Katelyn V.</i>	5:00AM-5:50AM (Strength & Endurance) <i>Josie S.</i>	8:30AM-9:30AM (Strength & Endurance) <i>Josie S.</i>	3:00PM-4:00PM (Strength & Endurance) <i>Josie S.</i>
LES MILLS BODYCOMBAT™ Studio 1 Sign Up	7:00PM-7:50PM (Cardio & Dance) <i>Brian J.</i>					10:30AM-11:20AM (Cardio & Dance) <i>Brian J.</i>	1:30PM-2:30PM (Cardio & Dance) <i>Cheryl P.</i>
3v3 Basketball (Half Court) Basketball Court	7:00PM-8:00PM (Basketball)		1:00PM-5:00PM (Basketball)	7:00PM-8:00PM (Basketball)	1:00PM-5:00PM (Basketball)		
Full Court Play (13yrs+) Basketball Court	8:00PM-9:00PM (Basketball)		8:00PM-9:00PM (Basketball)	8:00PM-9:00PM (Basketball)			
Aqua Fit Small Pool Sign Up	8:00PM-8:50PM (Aqua Group Exercise) <i>Alexis R.</i>	8:00PM-8:50PM (Aqua Group Exercise) <i>Alexis R.</i>		8:00PM-8:50PM (Aqua Group Exercise) <i>Anabel (.</i>			
ADULT 5v5 Basketball (13+) Basketball Court	9:00PM-10:45PM (Basketball)		9:00PM-10:45PM (Basketball)	9:00PM-10:45PM (Basketball)			3:00PM-6:00PM (Basketball)
Yoga Flow Studio 1 Sign Up		5:00AM-5:50AM (Mind Body) <i>Virtual</i>	5:00PM-5:50PM (Mind Body) <i>Christine C.</i>				
WERQ Studio 1 Sign Up		8:45AM-9:35AM (Cardio & Dance) <i>Danita G.</i>		8:45AM-9:35AM (Cardio & Dance) <i>Danita G.</i>			
ZUMBA® GOLD Basketball Court Sign Up		9:00AM-9:50AM (Foreverwell) <i>Cindy A.</i>					
Barre Pilates Fusion Studio 1		9:45AM-10:35AM (Mind Body) <i>Heather H.</i>	4:00PM-4:50PM (Mind Body) <i>Virtual I.</i>				
SilverSneakers® Boom Muscle Studio 2 Sign Up		9:45AM-10:35AM (Foreverwell) <i>Emily B.</i>					
LES MILLS BODYCOMBAT™ Studio 2 Sign Up		10:45AM-11:45AM (Cardio & Dance) <i>Angela B.</i>		7:00PM-7:50PM (Cardio & Dance) <i>Cheryl P.</i>			
SilverSneakers® Boom Muscle Studio 1 Sign Up		10:45AM-11:35AM (Foreverwell) <i>Lourdes I.</i>		10:45AM-11:35AM (Foreverwell) <i>Lourdes I.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers® YOGA Studio 1 Sign Up		11:45AM-12:35PM (Foreverwell) <i>Lourdes I.</i>					
Closed for Programming Basketball Court		1:00PM-5:00PM (Basketball)		1:00PM-5:00PM (Basketball)			
Core FX Studio 1		1:00PM-1:50PM (Strength & Endurance) <i>Virtual I.</i>	10:40AM-11:05AM (Strength & Endurance) <i>Josie S.</i>	1:00PM-1:50PM (Strength & Endurance) <i>Virtual I.</i>	10:40AM-11:05AM (Strength & Endurance) <i>Corrine W.</i>	1:00PM-1:50PM (Strength & Endurance) <i>Virtual I.</i>	
Boxing FX Studio 1		2:00PM-2:50PM (Cardio & Dance) <i>Virtual I.</i>		2:00PM-2:50PM (Cardio & Dance) <i>Virtual I.</i>		2:00PM-2:50PM (Cardio & Dance) <i>Virtual I.</i>	
Family Gym - Half Court Basketball Court		5:00PM-8:00PM (Basketball)	5:00PM-8:00PM (Basketball)		5:00PM-7:00PM (Basketball)		
Lap Swim (3 lanes) Large Pool		7:00PM-7:50PM (Aquatics) 8:00PM-8:50PM (Aquatics)		7:00PM-7:50PM (Aquatics) 8:00PM-8:50PM (Aquatics)		12:00PM-12:50PM (Aquatics) 2:00PM-2:50PM (Aquatics)	1:00PM-1:50PM (Aquatics)
ZUMBA ® Studio 1 Sign Up		7:00PM-7:50PM (Cardio & Dance) <i>Misti B.</i>		7:00PM-7:50PM (Cardio & Dance) <i>Kimberly P.</i>			
Family Volleyball (7+) Basketball Court		8:00PM-9:00PM (Volleyball)			7:00PM-8:30PM (Volleyball)		
Adult Volleyball (13+) Basketball Court		9:00PM-10:45PM (Volleyball)			8:30PM-10:45PM (Volleyball)		
Cycle Studio 1 Sign Up			5:00AM-5:50AM (Cycle) <i>Josie S.</i> 6:00PM-6:50PM (Cycle) <i>Josie S.</i>		5:00PM-5:50PM (Cycle) <i>Josie S.</i>		
SilverSneakers® Classic Studio 1 Sign Up			8:45AM-9:35AM (Foreverwell) <i>Lourdes I.</i>	11:45AM-12:35PM (Foreverwell) <i>Lourdes I.</i>			
Aqua Combat Large Pool Sign Up			9:00AM-9:50AM (Aqua Group Exercise) <i>Cindy A.</i>				
Aqua Combat Small Pool Sign Up			9:00AM-9:50AM (Aqua Group Exercise) <i>Cindy A.</i>				
Yoga Flow Studio 2 Sign Up			9:45AM-10:35AM (Mind Body) <i>Andreu O.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yoga Pelvic Floor 101 Studio 2 Sign Up			7:05PM-7:55PM (Mind Body) <i>Gabby Z.</i>				
Yoga Strength Studio 1 Sign Up				5:05AM-5:50AM (Mind Body) <i>Virtual</i>			
Barre Studio 2 Sign Up				9:45AM-10:35AM (Mind Body) <i>Miryam M.</i>			
Surge Strength Studio 1 Sign Up				9:45AM-10:35AM (Strength & Endurance) <i>Michelle W.</i>			
SilverSneakers® EnerChi Studio 2 Sign Up					8:45AM-9:35AM (Foreverwell) <i>Lourdes I.</i>		
High Fitness - HIGH Studio 1 Sign Up					8:45AM-9:35AM (Cardio & Dance) <i>Michelle W.</i>		
ForeverWell Chair Yoga Studio 2 Sign Up					9:45AM-10:35AM (Foreverwell) <i>Lourdes I.</i>		
ZUMBA® Toning Basketball Court Sign Up					10:00AM-10:50AM (Cardio & Dance) <i>Cindy A.</i>		
Yoga Foundations Studio 2 Sign Up					10:45AM-11:35AM (Mind Body) <i>Andreu O.</i>		1:15PM-2:05PM (Mind Body) <i>Elizabeth K.</i>
Reps FX Studio 2 Sign Up						8:45AM-9:35AM (Strength & Endurance) <i>Lourdes I.</i>	
DANCE FX Studio 1 Sign Up						9:35AM-10:25AM (Cardio & Dance) <i>Jordan L.</i>	
Closed for YMCA Sports Basketball Court						2:00PM-6:00PM (Basketball)	6:00PM-8:00PM (Basketball)
Family Gym Basketball Court							1:00PM-3:00PM (Basketball)



Boerne Family YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYCOMBAT™ Group Ex Studio Sign Up	5:30AM-6:15AM (Cardio & Dance) <i>Cheryl P.</i>		7:00AM-7:45AM (Cardio & Dance) <i>Sara P.</i>				
\$ Pilates Reformer Strong & Balanced Level 2/3 Pilates Reformer Studio	5:45AM-6:30AM (Pilates Reformer) <i>Danelle P.</i> 8:00AM-8:55AM (Pilates Reformer) <i>Danelle P.</i>						
\$ Pilates Reformer Strong & Balanced Level 1/2 Pilates Reformer Studio	7:00AM-7:55AM (Pilates Reformer) <i>Danelle P.</i>		5:45AM-6:30AM (Pilates Reformer) <i>Danelle P.</i> 7:00AM-7:55AM (Pilates Reformer) <i>Danelle P.</i>				
LES MILLS SPRINT™ Community Room Sign Up	8:15AM-8:45AM (Cycle) <i>Cheryl P.</i>						
Step FX Group Ex Studio Sign Up	8:30AM-9:20AM (Cardio & Dance) <i>Cheryl S.</i>	5:30PM-6:20PM (Cardio & Dance) <i>Karen T.</i>	8:30AM-9:20AM (Cardio & Dance) <i>Cheryl S.</i>				
SilverSneakers® YOGA Community Room Sign Up	9:00AM-9:45AM (Foreverwell) <i>Kelli G.</i>						
\$ Pilates Reformer Level 1/2 Pilates Reformer Studio	9:30AM-10:25AM (Pilates Reformer) <i>Cheryl S.</i> 5:30PM-6:25PM (Pilates Reformer) <i>Colleen B.</i>	8:30AM-9:25AM (Pilates Reformer) <i>Cheryl S.</i> 9:30AM-10:25AM (Pilates Reformer) <i>Cheryl S.</i> 5:30PM-6:25PM (Pilates Reformer) <i>Kenny B.</i>	9:30AM-10:25AM (Pilates Reformer) <i>Cheryl S.</i> 10:45AM-11:40AM (Pilates Reformer) <i>Nadia C.</i> 6:30PM-7:25PM (Pilates Reformer) <i>Colleen B.</i>	7:15AM-8:10AM (Pilates Reformer) <i>Colleen B.</i> 8:30AM-9:25AM (Pilates Reformer) <i>Colleen B.</i> 9:30AM-10:25AM (Pilates Reformer) <i>Cheryl S.</i> 7:00PM-7:55PM (Pilates Reformer) <i>Nilaja W.</i>	9:30AM-10:25AM (Pilates Reformer) <i>Cheryl S.</i> 10:30AM-11:25AM (Pilates Reformer) <i>Cheryl S.</i>	9:00AM-9:55AM (Pilates Reformer) <i>Danelle P.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ZUMBA ® Community Room Sign Up	10:00AM-10:50AM (Cardio & Dance) <i>Genie C.</i>		9:00AM-9:50AM (Cardio & Dance) <i>Rose S.</i>				
LES MILLS BODYPUMP™ Group Ex Studio Sign Up	10:00AM-10:50AM (Strength & Endurance) <i>Sara P.</i> 5:30PM-6:20PM (Strength & Endurance) <i>Carol F.</i>	6:30AM-7:25AM (Strength & Endurance) <i>Sara P.</i> 8:30AM-9:25AM (Strength & Endurance) <i>Carol F.</i>	12:00PM-12:45PM (Strength & Endurance) <i>Jennifer B.</i> 5:30PM-6:20PM (Strength & Endurance) <i>Amber C.</i>	6:30AM-7:25AM (Strength & Endurance) <i>Sara P.</i> 8:30AM-9:25AM (Strength & Endurance) <i>Carol F.</i> 5:30PM-6:20PM (Strength & Endurance) <i>Genie C.</i>	10:00AM-10:45AM (Strength & Endurance) <i>Sara P.</i>	10:00AM-10:50AM (Strength & Endurance) <i>Genie C.</i>	
\$ Pilates Reformer Beginner/Intro Pilates Reformer Studio	10:30AM-11:25AM (Pilates Reformer) <i>Cheryl S.</i> 6:30PM-7:25PM (Pilates Reformer) <i>Colleen B.</i>	6:30PM-7:25PM (Pilates Reformer) <i>Kenny B.</i>	5:30PM-6:25PM (Pilates Reformer) <i>Colleen B.</i>			10:00AM-10:55AM (Pilates Reformer) <i>Danelle P.</i>	
Stretch FX Community Room Sign Up	11:00AM-11:45AM (Mind Body) <i>Kerry G.</i>	9:15AM-10:00AM (Mind Body) <i>Kerry G.</i>		9:15AM-10:00AM (Mind Body) <i>Kerry G.</i>			
Mat Pilates Group Ex Studio Sign Up	11:00AM-11:50AM (Mind Body) <i>Sara P.</i>	11:00AM-11:50AM (Mind Body) <i>Sara P.</i>	11:00AM-11:50AM (Mind Body) <i>Sara P.</i>		9:10AM-9:50AM (Mind Body) <i>Karen T.</i>		
\$ Pilates Reformer Level 2/3 Pilates Reformer Studio	4:30PM-5:25PM (Pilates Reformer) <i>Colleen B.</i>			6:00PM-6:55PM (Pilates Reformer) <i>Nilaja W.</i>			
\$ Pilates Reformer All Level Pilates Reformer Studio		7:15AM-8:10AM (Pilates Reformer) <i>Kiera O.</i> 4:30PM-5:25PM (Pilates Reformer) <i>Kenny B.</i>				8:05AM-8:55AM (Pilates Reformer) <i>Danelle P.</i>	
CANCELED: LES MILLS SPRINT™ Community Room Sign Up		8:15AM-9:00AM (Cycle) <i>Catherine H.</i>		8:30AM-9:00AM (Cycle) <i>Catherine H.</i>		8:30AM-9:00AM (Cycle) <i>Catherine H.</i>	
ZUMBA ® Group Ex Studio Sign Up		10:00AM-10:50AM (Cardio & Dance) <i>Genie C.</i>	10:05AM-10:50AM (Cardio & Dance) <i>Kerry G.</i>	10:00AM-10:50AM (Cardio & Dance) <i>Courtney B.</i>			
Line Dancing Community Room Sign Up		11:05AM-11:55AM (Cardio & Dance) <i>Kelli G.</i>					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
HIIT FX Group Ex Studio Sign Up		4:30PM-5:00PM (Strength & Endurance) <i>Sara P.</i>			8:15AM-9:00AM (Strength & Endurance) <i>Karen T.</i>		
Yoga Flow Group Ex Studio Sign Up		6:30PM-7:20PM (Mind Body) <i>Samira H.</i>					
\$ Pilates Reformer Jumpboard Pilates Reformer Studio			8:00AM-8:55AM (Pilates Reformer) <i>Danelle P.</i> 4:30PM-5:25PM (Pilates Reformer) <i>Colleen B.</i>	10:45AM-11:40AM (Pilates Reformer) <i>Colleen B.</i>	8:15AM-9:10AM (Pilates Reformer) <i>Kiera O.</i>		
Yoga Flow Community Room Sign Up			10:00AM-10:50AM (Mind Body) <i>Lisa H.</i>	10:10AM-10:55AM (Mind Body) <i>Lisa H.</i>			
Yoga Restore Community Room Sign Up			11:00AM-11:50AM (Mind Body) <i>Lisa H.</i>		10:00AM-10:50AM (Mind Body) <i>Lisa H.</i>		
\$ Pilates Reformer ForeverWell Pilates Reformer Studio			12:00PM-12:55PM (Pilates Reformer) <i>Nadia C.</i>				
CANCELED: LES MILLS BODYCOMBAT™ Group Ex Studio Sign Up				5:30AM-6:15AM (Cardio & Dance) <i>Candi K.</i>			
Mat Pilates Community Room Sign Up				11:00AM-11:45AM (Mind Body) <i>Kerry G.</i>			
Barre Group Ex Studio Sign Up				11:00AM-11:50AM (Mind Body) <i>Sara P.</i>			
Stretch FX Group Ex Studio Sign Up				6:35PM-7:20PM (Mind Body) <i>Kerry G.</i>			
\$ Pilates Reformer Stretch and Relaxation Pilates Reformer Studio					7:15AM-8:10AM (Pilates Reformer) <i>Kiera O.</i>		
Total Body Strength Community Room Sign Up					8:15AM-8:50AM (Strength & Endurance) <i>Sara P.</i>		
SilverSneakers® Classic Community Room Sign Up					9:00AM-9:45AM (Foreverwell) <i>Lisa H.</i>		
Core FX Group Ex Studio Sign Up					11:00AM-11:45AM (Core & Balance) <i>Sara P.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYSTEP™ Group Ex Studio Sign Up						9:20AM-9:50AM (Cardio & Dance) <i>Genie C.</i>	



Davis-Scott Family YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Pickup Basketball (18+) BasketBall	6:00AM-8:00AM (Basketball)	6:00AM-8:00AM (Basketball)	6:00AM-8:00AM (Basketball)	6:00AM-8:00AM (Basketball)	6:00AM-8:00AM (Basketball)		
Basketball Open Play 1/2 Court BasketBall	8:00AM-7:50PM (Basketball)		8:00AM-7:50PM (Basketball)	8:00AM-7:50PM (Basketball)	8:00AM-7:50PM (Basketball)		



D.R. Semmes Family YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
\$ Pilates Reformer Level 1/2 Pilates Reformer Studio	6:00AM-6:55AM (Pilates Reformer) <i>Dane B.</i> 9:30AM-10:25AM (Pilates Reformer) <i>Gia F.</i>	4:30PM-5:25PM (Pilates Reformer) <i>Felicia G.</i>	6:00AM-6:55AM (Pilates Reformer) <i>Dane B.</i> 5:30PM-6:25PM (Pilates Reformer) <i>Kenny B.</i>	10:00AM-10:55AM (Pilates Reformer) <i>Nadia C.</i>			
Yoga Foundations Studio 1 Sign Up	6:00AM-6:55AM (Mind Body) <i>Magdalena V.</i>		6:00AM-6:55AM (Mind Body) <i>Magdalena V.</i>				
\$ Pilates Reformer Level 2/3 Pilates Reformer Studio	7:00AM-7:55AM (Pilates Reformer) <i>Kiera O.</i> 5:00PM-5:55PM (Pilates Reformer) <i>Shawndra C.</i>		8:30AM-9:25AM (Pilates Reformer) <i>Danielle E.</i> 4:30PM-5:25PM (Pilates Reformer) <i>Kenny B.</i>	8:00AM-8:50AM (Pilates Reformer) <i>Danelle P.</i> 9:00AM-9:55AM (Pilates Reformer) <i>Nadia C.</i>		8:00AM-8:55AM (Pilates Reformer) <i>Colleen B.</i> 8:00PM-8:55AM (Pilates Reformer) <i>Nilaja W.</i>	
\$ Pilates Reformer Jumpboard Pilates Reformer Studio	8:30AM-9:25AM (Pilates Reformer) <i>Gia F.</i>		9:30AM-10:25AM (Pilates Reformer) <i>Danielle E.</i>			10:00AM-10:55AM (Pilates Reformer) <i>Colleen B.</i>	
ZUMBA® Studio 1 Sign Up	8:45AM-9:40AM (Cardio & Dance) <i>Dawn C.</i> 6:30PM-7:30PM (Cardio & Dance) <i>Andrea H.</i>	6:35PM-7:30PM (Cardio & Dance) <i>Sothy N.</i>	8:45AM-9:40AM (Cardio & Dance) <i>Dawn C.</i>		8:45AM-9:40AM (Cardio & Dance) <i>Andrea H.</i>	10:45AM-11:40AM (Cardio & Dance) <i>Myra G.</i>	
Barre Studio 1 Sign Up	9:45AM-10:30AM (Mind Body) <i>Ilse M.</i>		9:45AM-10:30AM (Mind Body) <i>Miryam M.</i>				
\$ Pilates Reformer ForeverWell Pilates Reformer Studio	10:30AM-11:25AM (Pilates Reformer) <i>Gia F.</i>	11:00AM-11:55AM (Pilates Reformer) <i>Denise M.</i>		11:00AM-11:55AM (Pilates Reformer) <i>Nadia C.</i>			
SilverSneakers® Classic Studio 2 Sign Up	11:00AM-11:45AM (Foreverwell) <i>Virtual I.</i>						
SilverSneakers® Classic Studio 1 Sign Up	11:00AM-11:45AM (Foreverwell) <i>Caroline M.</i>						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS SPRINT™ Studio 2 Sign Up	12:00PM-12:30PM (Cycle) <i>Monique O.</i>						
Cycle Studio 2 Sign Up	5:15PM-6:00PM (Cycle) <i>Jammie B.</i>	12:00PM-12:30PM (Cycle) <i>Liz K.</i>	12:00PM-12:30PM (Cycle) <i>Liz K.</i>	12:00PM-12:30PM (Cycle) <i>Liz K.</i>			
\$ Pilates Reformer Beginner/Intro Pilates Reformer Studio	6:00PM-6:55PM (Pilates Reformer) <i>Shawndra C.</i>			6:30PM-7:25PM (Pilates Reformer) <i>Dane B.</i>		9:00AM-9:55AM (Pilates Reformer) <i>Colleen B.</i>	
\$ Pilates Reformer Strong & Balanced Level 1/2 Pilates Reformer Studio		6:00AM-6:55AM (Pilates Reformer) <i>Danelle P.</i>		6:00AM-6:55AM (Pilates Reformer) <i>Danelle P.</i> 7:00AM-7:55AM (Pilates Reformer) <i>Danelle P.</i>	6:00AM-6:55AM (Pilates Reformer) <i>Danelle P.</i> 9:30AM-10:25AM (Pilates Reformer) <i>Danelle P.</i>		
Step FX Studio 1 Sign Up		6:00AM-6:55AM (Cardio & Dance) <i>Alicia D.</i>		6:00AM-7:00AM (Cardio & Dance) <i>Alicia D.</i>			
\$ Pilates Reformer All Level Pilates Reformer Studio		7:00AM-7:55AM (Pilates Reformer) <i>Danelle P.</i> 5:30PM-6:25PM (Pilates Reformer) <i>Nilaja W.</i>	7:00AM-7:55AM (Pilates Reformer) <i>Kenny B.</i> 10:30AM-11:25AM (Pilates Reformer) <i>Danielle E.</i>	4:30PM-5:25PM (Pilates Reformer) <i>Nadia C.</i>			
Mat Pilates Studio 1 Sign Up		7:30AM-8:15AM (Mind Body) <i>Kiera O.</i>		7:30AM-8:15AM (Mind Body) <i>Kiera O.</i>			
\$ Pilates Reformer Strong & Balanced Level 2/3 Pilates Reformer Studio		8:00AM-8:50AM (Pilates Reformer) <i>Danelle P.</i>			8:30AM-9:25AM (Pilates Reformer) <i>Danelle P.</i>		
\$ Pilates Reformer Combo Pilates Reformer Studio		9:00AM-9:55AM (Pilates Reformer) <i>Shawndra C.</i>					
Tai Chi Studio 1 Sign Up		9:45AM-10:40AM (Mind Body) <i>David C.</i>		9:45AM-10:45AM (Mind Body) <i>David C.</i>			
\$ Pilates Reformer Stretch and Relaxation Pilates Reformer Studio		10:00AM-10:55AM (Pilates Reformer) <i>Shawndra C.</i>	11:30AM-12:25PM (Pilates Reformer) <i>Danielle E.</i>		7:00AM-7:55AM (Pilates Reformer) <i>Danelle P.</i>		
ZUMBA® GOLD Studio 1 Sign Up		11:00AM-11:55AM (Foreverwell) <i>Dawn C.</i>					
\$ Pilates Reformer FitCore Pilates Reformer Studio		12:00PM-12:55PM (Pilates Reformer) <i>Denise M.</i>					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yoga Foundations Studio 2 Sign Up		5:30PM-6:25PM (Mind Body) <i>Ilse M.</i>					
LES MILLS BODYPUMP™ Studio 1 Sign Up		5:30PM-6:25PM (Strength & Endurance) <i>Jammie B.</i>		5:30PM-6:25PM (Strength & Endurance) <i>Brian J.</i>		8:15AM-9:10AM (Strength & Endurance) <i>Alicia D.</i>	
Mat Pilates Studio 2 Sign Up		6:35PM-7:35PM (Mind Body) <i>Nilaja W.</i>					
Yoga Strength Studio 2 Sign Up			9:45AM-10:30AM (Mind Body) <i>Courtney M.</i>				
SilverSneakers® Circuit Studio 1 Sign Up			11:00AM-11:45AM (Foreverwell) <i>Caroline M.</i>		11:00AM-11:45AM (Foreverwell) <i>Caroline M.</i>		
SilverSneakers® Circuit Studio 2 Sign Up			11:00AM-11:40AM (Foreverwell) <i>Virtual I.</i>		11:00AM-11:45AM (Foreverwell) <i>Virtual I.</i>		
Tai Chi Studio 2 Sign Up			6:30PM-7:30PM (Mind Body) <i>David C.</i>				
Barre Flow Studio 1 Sign Up			6:30PM-7:20PM (Mind Body) <i>Ilse M.</i>				
Yoga Flow Studio 1 Sign Up				11:00AM-11:55AM (Mind Body) <i>Alexis J.</i>			
DANCE FX Studio 1 Sign Up				6:30PM-7:30PM (Cardio & Dance) <i>Mauricio G.</i>			
STRONG Nation® Studio 1 Sign Up					8:00AM-8:30AM (Strength & Endurance) <i>Alicia D.</i>		
CANCELED: Stretch FX Studio 1 Sign Up					9:45AM-10:45AM (Mind Body) <i>Florence P.</i>		
\$ Pilates Reformer Strong & Balanced ForeverWell Pilates Reformer Studio					10:30AM-11:25AM (Pilates Reformer) <i>Danelle P.</i>		
Reps FX Studio 1 Sign Up					12:00PM-1:00PM (Strength & Endurance) <i>Cassandra C.</i>		
LES MILLS BODYBALANCE™ Studio 1 Sign Up						9:30AM-10:25AM (Mind Body) <i>Karen M.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Boot Camp Outside Sign Up						10:00AM-10:55AM (Strength & Endurance) <i>Francisco M.</i>	



YMCA at O.P. Schnabel Park | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycle Studio 1 Sign Up	6:00AM-6:45AM (Cycle) <i>Megan C.</i>		6:00AM-6:45AM (Cycle) <i>Megan C.</i>	6:00PM-6:45PM (Cycle) <i>Josie S.</i>			
Open Swim Pool	8:00AM-8:00PM (Aquatics)	8:00AM-1:00PM (Aquatics) 3:30PM-8:00PM (Aquatics)	8:00AM-8:00PM (Aquatics)	8:00AM-8:00PM (Aquatics)	8:00AM-8:00PM (Aquatics)	9:00AM-6:00PM (Aquatics)	1:00PM-5:00PM (Aquatics)
Aqua Fit Pool Sign Up	8:00AM-8:50AM (Aqua Group Exercise) <i>Anabel (.</i>						
DANCE FX Studio 2 Sign Up	8:20AM-9:05AM (Cardio & Dance) <i>Kristy W.</i>						
LES MILLS TONE™ Studio 1 Sign Up	8:30AM-9:30AM (Strength & Endurance) <i>Angela B.</i>						
Open Swim Splash Pad	9:00AM-8:00PM (Aquatics)	9:00AM-8:00PM (Aquatics)	9:00AM-8:00PM (Aquatics)	9:00AM-8:00PM (Aquatics)	1:00PM-8:00PM (Aquatics)	9:00AM-6:00PM (Aquatics)	1:00PM-5:00PM (Aquatics)
Boot Camp Patio Sign Up	9:00AM-10:00AM (Strength & Endurance) <i>Emily B.</i>	6:30PM-7:30PM (Strength & Endurance) <i>Monica S.</i>	9:00AM-10:00AM (Strength & Endurance) <i>Carolyn W.</i>	6:30PM-7:30PM (Strength & Endurance) <i>Monica S.</i>	9:00AM-10:00AM (Strength & Endurance) <i>Emily B.</i>		
POUND® Studio 2 Sign Up	9:15AM-10:05AM (Cardio & Dance) <i>Savannah J.</i>				9:00AM-9:50AM (Cardio & Dance) <i>Megan C.</i>		
Surge Strength Studio 1 Sign Up	9:45AM-10:45AM (Strength & Endurance) <i>Carolyn W.</i>	7:00PM-8:00PM (Strength & Endurance) <i>Michelle W.</i>					
Stretch FX Y Land Sign Up	10:05AM-10:35AM (Mind Body) <i>Emily B.</i>		10:05AM-10:35AM (Mind Body) <i>Carolyn W.</i>				
ZUMBA® GOLD Studio 1 Sign Up	11:00AM-11:45AM (Foreverwell) <i>Theresa S.</i>		12:00PM-12:45PM (Foreverwell) <i>Cindy A.</i>		12:00PM-12:45PM (Foreverwell) <i>Robyn J.</i>		
SilverSneakers® Classic Studio 1 Sign Up	12:00PM-12:45PM (Foreverwell) <i>Theresa S.</i>		11:00AM-11:45AM (Foreverwell) <i>Theresa S.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ForeverWell Tai Chi Studio 1 Sign Up	1:00PM-1:45PM (Cardio & Dance) <i>Theresa S.</i>						
High Fitness - LOW Studio 1 Sign Up	5:10PM-5:55PM (Cardio & Dance) <i>Kennadee H.</i>						
ZUMBA ® Studio 1 Sign Up	6:00PM-6:50PM (Cardio & Dance) <i>Vanessa A.</i>				9:45AM-10:45AM (Cardio & Dance) <i>Robyn J.</i>		
LES MILLS BODYPUMP™ Studio 1 Sign Up	7:00PM-8:00PM (Strength & Endurance) <i>Tracie O.</i>		8:30AM-9:30AM (Strength & Endurance) <i>Stephanie W.</i> 7:10PM-8:10PM (Strength & Endurance) <i>Samantha B.</i>		8:30AM-9:30AM (Strength & Endurance) <i>Brian J.</i>	8:30AM-9:30AM (Strength & Endurance) <i>Samantha B.</i>	
Yoga Restore Studio 2 Sign Up	7:10PM-8:00PM (Mind Body) <i>Christine C.</i>					8:30AM-9:20AM (Mind Body) <i>Elizabeth K.</i>	
Mat Pilates Studio 1 Sign Up		6:00AM-6:50AM (Mind Body)		6:00AM-6:50AM (Mind Body)			
Yoga Flow Studio 2 Sign Up		8:30AM-9:20AM (Mind Body) <i>Andreu O.</i>					
LES MILLS BODYCOMBAT™ Studio 1 Sign Up		8:30AM-9:30AM (Cardio & Dance) <i>Angela B.</i>	6:00PM-7:00PM (Cardio & Dance) <i>Brian J.</i>	9:45AM-10:45AM (Cardio & Dance) <i>Angela B.</i>			
Kids Fit Y Land Sign Up		9:30AM-10:15AM (Youth) <i>Carolyn W.</i>					
High Fitness - HIGH Studio 1 Sign Up		9:45AM-10:40AM (Cardio & Dance) <i>Stephanie W.</i>	5:10PM-5:55PM (Cardio & Dance) <i>Claire J.</i>				
ForeverWell Chair Yoga Studio 1 Sign Up		11:00AM-11:45AM (Foreverwell) <i>Claudia S.</i>		11:00AM-11:45AM (Foreverwell) <i>Elizabeth K.</i>			
SilverSneakers® Boom Muscle Studio 1 Sign Up		12:00PM-12:45PM (Foreverwell) <i>Alexis R.</i>		12:00PM-12:45PM (Foreverwell) <i>Robyn J.</i>			
DANCE FX Studio 1 Sign Up		6:00PM-6:50PM (Cardio & Dance) <i>Kristy W.</i>	9:45AM-10:45AM (Cardio & Dance) <i>Robyn J.</i>			9:45AM-10:45AM (Cardio & Dance) <i>Robyn J.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Volleyball Pool Sign Up			8:00AM-9:00AM (Aqua Group Exercise)		8:00AM-9:00AM (Aqua Group Exercise)		
UpBeat Barre Studio 1 Sign Up				8:30AM-9:30AM (Strength & Endurance) <i>Heather H.</i>			
High Fitness - HIGH Studio 2 Sign Up				8:30AM-9:15AM (Cardio & Dance) <i>Carolyn W.</i>			
High Fitness - YO Y Land Sign Up				9:30AM-10:00AM (Mind Body) <i>Carolyn W.</i>		10:50AM-11:40AM (Mind Body) <i>Sloane J.</i>	
POUND® Studio 1 Sign Up				5:00PM-5:50PM (Cardio & Dance) <i>Savannah J.</i>			
Generation POUND® Y Land Sign Up					10:00AM-10:45AM (Youth) <i>Savannah J.</i>		
Stretch FX Patio Sign Up					10:05AM-10:35AM (Mind Body) <i>Emily B.</i>		
ForeverWell Total Body Studio 1 Sign Up					11:00AM-11:45AM (Foreverwell) <i>Alexis R.</i>	11:00AM-11:45AM (Foreverwell) <i>Alexis R.</i>	
CANCELED: High Fitness - HIGH Studio 1 Sign Up						9:45AM-10:40AM (Cardio & Dance) <i>Stephanie W.</i>	



Westside Family YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim Indoor Pool	6:15AM-9:00AM (Aquatics) 4:00PM-6:00PM (Aquatics) 6:00PM-7:00PM (Aquatics)	7:00AM-10:00AM (Aquatics)	6:15AM-11:00AM (Aquatics) 6:00PM-7:45PM (Aquatics)	6:15AM-10:00AM (Aquatics) 4:00PM-5:00PM (Aquatics)	6:15AM-10:00AM (Aquatics) 4:00PM-7:15PM (Aquatics)	8:00AM-9:00AM (Aquatics) 10:00AM-12:00PM (Aquatics)	
Lap Swim (2 lanes) Indoor Pool	6:15AM-9:00AM (Aquatics) 4:00PM-6:00PM (Aquatics)	6:15AM-10:00AM (Aquatics) 4:00PM-5:00PM (Aquatics)	6:15AM-10:00AM (Aquatics) 4:00PM-6:00PM (Aquatics)	6:15AM-10:00AM (Aquatics) 4:00PM-5:00PM (Aquatics)	6:15AM-10:00AM (Aquatics) 4:00PM-7:45PM (Aquatics)	8:00AM-9:00AM (Aquatics)	
Total Body Strength Group Exercise Room Sign Up	8:30AM-9:20AM (Strength & Endurance) <i>Doris S.</i>		8:30AM-9:20AM (Strength & Endurance) <i>Doris S.</i>				
Lap Swim (1 lane) Indoor Pool	9:00AM-11:00AM (Aquatics)		10:00AM-11:00AM (Aquatics)				
ForeverWell Aqua Arthritis Indoor Pool Sign Up	9:00AM-9:50AM (Aqua Group Exercise) <i>Kat P.</i>						
DANCE FX Group Exercise Room Sign Up	9:30AM-10:20AM (Cardio & Dance) <i>Doris S.</i>						
ForeverWell Chair Yoga Group Exercise Room Sign Up	10:30AM-11:20AM (Foreverwell) <i>Staff</i>		10:30AM-11:20AM (Foreverwell) <i>Staff</i>				
Foreverwell Senior Activity Multipurpose Room Sign Up	11:00AM-12:00PM (Events) <i>Troy R.</i>						
Boot Camp Group Exercise Room Sign Up	5:30PM-6:15PM (Strength & Endurance) <i>Troy R.</i>		5:30PM-6:15PM (Strength & Endurance) <i>Troy R.</i>				
Reserved for Programming Indoor Pool	6:00PM-7:45PM (Aquatics)	6:00PM-7:00PM (Aquatics) 7:00PM-7:45PM (Aquatics)	6:00PM-7:45PM (Aquatics)	6:00PM-7:45PM (Aquatics)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ZUMBA ® Group Exercise Room Sign Up	6:30PM-7:20PM (Cardio & Dance) <i>Gabriela R.</i>		6:30PM-7:20PM (Cardio & Dance) <i>Gabriela R.</i>		5:30PM-6:20PM (Cardio & Dance) <i>Veronica B.</i>		
Core FX Group Exercise Room Sign Up	7:30PM-8:00PM (Core & Balance) <i>Staff</i>		7:30PM-8:00PM (Core & Balance) <i>Staff</i>		7:00PM-7:45PM (Core & Balance) <i>Staff</i>		
SilverSneakers® Cardio Fit Group Exercise Room Sign Up		8:30AM-9:20AM (Foreverwell) <i>Stefanie P.</i>		8:30AM-9:20AM (Foreverwell) <i>Stefanie P.</i>			
Pickleball Open Play Basketball Court Sign Up		9:00AM-10:00AM (Pickleball) 10:00AM-11:00AM (Pickleball) 11:00AM-12:00PM (Pickleball)		9:00AM-10:00AM (Pickleball) 10:00AM-11:00AM (Pickleball) 11:00AM-12:00PM (Pickleball)			
Line Dancing Group Exercise Room Sign Up		9:30AM-10:20AM (Cardio & Dance) <i>Victoria R.</i>					
Deep Water Adult Swim Indoor Pool		10:00AM-11:00AM (Aquatics) 5:00PM-6:00PM (Aquatics)		5:00PM-6:00PM (Aquatics)	10:00AM-11:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	
Aqua Fit Indoor Pool Sign Up		5:00PM-5:50PM (Aqua Group Exercise) <i>Stefanie P.</i>		5:00PM-5:50PM (Aqua Group Exercise) <i>Kat P.</i>		9:00AM-9:50AM (Aqua Group Exercise) <i>Kat P.</i>	
Pilates Fusion Group Exercise Room Sign Up		5:30PM-6:20PM (Mind Body) <i>Karen M.</i>		6:30PM-7:30PM (Mind Body) <i>Kat P.</i>			
Muscle Pump Group Exercise Room Sign Up		6:30PM-7:20PM (Strength & Endurance) <i>Stefanie P.</i>		5:30PM-6:20PM (Strength & Endurance) <i>Stefanie P.</i>			
ZUMBA® GOLD Group Exercise Room Sign Up			9:30AM-10:20AM (Foreverwell) <i>Veronica B.</i>			9:30AM-10:20AM (Foreverwell) <i>Veronica B.</i>	
Adult Pickup Basketball (18+) Basketball Court			12:00PM-2:00PM (Basketball)				
Barre Group Exercise Room Sign Up				9:30AM-10:20AM (Mind Body) <i>Staff</i>			
Bible Study Multipurpose Room				11:00AM-12:00PM (Events) <i>Martha S.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ForeverWell Circuit Group Exercise Room Sign Up					8:30AM-9:20AM (Foreverwell) <i>Victoria R.</i>		
ForeverWell Stretch Group Exercise Room Sign Up					9:30AM-10:20AM (Foreverwell) <i>Victoria R.</i>		
AQUA ZUMBA® Indoor Pool Sign Up					10:00AM-10:50AM (Aqua Group Exercise) <i>Veronica B.</i>		
Step FX Group Exercise Room Sign Up					11:30AM-12:20PM (Cardio & Dance) <i>Staff</i>		
Closed for Programming Basketball Court					12:00PM-2:00PM (Basketball) 2:00PM-4:00PM (Basketball)		
Basketball Open Play 1/2 Court Basketball Court					2:00PM-4:00PM (Basketball)		



Harvey E. Najim Family YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Core FX Group Exercise Studio Sign Up	7:30AM-8:20AM (Core & Balance) <i>staff</i>				7:00AM-7:35AM (Core & Balance) <i>Staff</i>		
ForeverWell Sculpt Group Exercise Studio Sign Up	8:30AM-9:25AM (Foreverwell) <i>Victoria R.</i>		8:30AM-9:30AM (Foreverwell) <i>Liz H.</i>				
ForeverWell Balance Group Exercise Studio Sign Up	9:30AM-10:30AM (Foreverwell) <i>Victoria R.</i>			9:30AM-10:30AM (Foreverwell) <i>Victoria R.</i>			
Cycle Circuit Group Exercise Studio Sign Up	12:00PM-12:30PM (Cycle) <i>Staff</i>						
ZUMBA ® Group Exercise Studio Sign Up	5:45PM-6:45PM (Cardio & Dance) <i>Tiffany P.</i>			7:00PM-7:55PM (Cardio & Dance) <i>Liz S.</i>			
Cycle Strength Group Exercise Studio Sign Up	6:50PM-7:50PM (Cycle) <i>Mandi J.</i>		6:45PM-7:45PM (Cycle) <i>Mandi J.</i>				
Step FX Group Exercise Studio Sign Up		7:30AM-8:00AM (Cardio & Dance) <i>Staff</i>		7:30AM-8:00AM (Cardio & Dance) <i>Staff</i>			
ZUMBA® GOLD Group Exercise Studio Sign Up		8:30AM-9:30AM (Foreverwell) <i>Theresa S.</i>		8:30AM-9:30AM (Foreverwell) <i>Theresa S.</i>	8:00AM-9:00AM (Foreverwell) <i>Clarissa Z.</i>		
Mat Pilates Group Exercise Studio		9:35AM-10:30AM (Mind Body) <i>staff</i>					
LES MILLS BODYPUMP™ Group Exercise Studio Sign Up		5:45PM-6:45PM (Strength & Endurance) <i>Brian J.</i>					
Kids Fit Community Room Sign Up		5:45PM-6:45PM (Youth) <i>Hilda M.</i>		5:45PM-6:45PM (Youth) <i>Hilda M.</i>			
LES MILLS BODYCOMBAT™ Group Exercise Studio Sign Up		6:45PM-7:45PM (Cardio & Dance) <i>Brian J.</i>	5:45PM-6:45PM (Cardio & Dance) <i>Roger M.</i>	5:45PM-6:45PM (Cardio & Dance) <i>Roger M.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Core FX Group Exercise Studio Sign Up			7:30AM-8:00AM (Strength & Endurance) <i>staff</i>		6:15PM-6:45PM (Strength & Endurance) <i>staff</i>		
Yoga Flow Community Room Sign Up			6:45PM-7:45PM (Mind Body) <i>Johana H.</i>				
Pilates Fusion Group Exercise Studio Sign Up				10:30AM-11:30AM (Mind Body) <i>Virtual</i>			
ForeverWell Total Body Group Exercise Studio Sign Up					9:30AM-10:25AM (Foreverwell) <i>TaVia B.</i>		
LES MILLS TONE™ Group Exercise Studio Sign Up						8:30AM-9:30AM (Strength & Endurance) <i>Cheryl P.</i>	



Walzem Family YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Open Play Walzem Gym	8:00AM-12:00PM (Pickleball) Staff S.	5:00PM-7:00PM (Pickleball) Staff S.	8:00AM-12:00PM (Pickleball) Staff S.	8:00AM-12:00PM (Pickleball) Staff S.	8:00AM-12:00PM (Pickleball) Staff S.		
ForeverWell Total Body Group Exercise Studio Sign Up	8:30AM-9:15AM (Foreverwell) Max S.		8:30AM-9:15AM (Foreverwell) Catherine J.				
SilverSneakers® Classic Group Exercise Studio Sign Up	10:30AM-11:15AM (Foreverwell) Mark A.						
Basketball Open Play 1/2 Court Walzem Gym	12:00PM-1:00PM (Basketball) Staff S.	12:00PM-1:00PM (Basketball) Staff S.	12:00PM-1:00PM (Basketball) Staff S.	12:00PM-1:00PM (Basketball) Staff S.	12:00PM-1:00PM (Basketball) Staff S.	12:00PM-1:00PM (Basketball) Staff S.	12:00PM-1:00PM (Basketball) Staff S.
Full Court Play (13yrs+) Walzem Gym	4:00PM-7:00PM (Basketball)		4:00PM-7:00PM (Basketball)	4:00PM-7:00PM (Basketball)			
ZUMBA ® Group Exercise Studio Sign Up		9:00AM-9:50AM (Cardio & Dance) Instructor S.					
ForeverWell Barre Group Exercise Studio Sign Up			9:30AM-10:15AM (Foreverwell) Catherine J.				
ZUMBA® GOLD Group Exercise Studio Sign Up				9:00AM-9:50AM (Foreverwell) Dawn C.			
SilverSneakers® Circuit Group Exercise Studio Sign Up				10:00AM-10:45AM (Foreverwell) Dawn C.			
Total Body Strength Group Exercise Studio Sign Up					8:30AM-9:15AM (Strength & Endurance) Mark A.		
Line Dancing Group Exercise Studio Sign Up					9:30AM-10:15AM (Cardio & Dance) Instructor N.		
ForeverWell Chair Yoga Group Exercise Studio Sign Up					10:30AM-11:15AM (Foreverwell) Jen M.		



St. Philip`s Aquatic Center | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim Pool Sign Up	8:00AM-8:30AM (Aquatics)	8:00AM-8:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)		
Deep Water Adult Swim Pool Sign Up	8:30AM-9:30AM (Aquatics)	10:00AM-10:50AM (Aquatics)	9:00AM-9:50AM (Aquatics) 10:00AM-10:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)		
Aqua Fit Group Exercise Sign Up	8:30AM-9:30AM (Aqua Group Exercise) <i>Shelly B.</i>	10:00AM-10:50AM (Aqua Group Exercise) <i>Maci G.</i>		10:00AM-10:50AM (Aqua Group Exercise) <i>Maci G.</i>			
1/2 Pool Open Swim Pool Sign Up	10:00AM-11:00AM (Aquatics) 11:00AM-11:50AM (Aquatics)	9:00AM-9:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	11:00AM-11:50AM (Aquatics)	9:00AM-9:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	9:00AM-9:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)		
Aqua Volleyball Pool Sign Up	10:00AM-11:00AM (Aquatics)		10:00AM-11:00AM (Aquatics)		10:00AM-11:00AM (Aquatics)		
Family Swim Pool Sign Up	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)		
Aqua Fit Pool Sign Up					8:15AM-9:10AM (Aqua Group Exercise) <i>Alexis R.</i>		



Cibolo Family YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Open Play Basketball Court	8:30AM-12:00PM (Pickleball) <i>Staff</i>	1:00PM-3:00PM (Pickleball) <i>Staff</i>	8:30AM-12:00PM (Pickleball) <i>Staff</i>	1:00PM-3:00PM (Pickleball) <i>Staff</i>	8:30AM-12:00PM (Pickleball) <i>Staff</i>		
Pickleball Open Play Court 2	8:30AM-12:00PM (Pickleball) <i>Staff</i>		8:30AM-12:00PM (Pickleball) <i>Staff</i>		8:30AM-12:00PM (Pickleball) <i>Staff</i>		
Pickleball Open Play Court 1	8:30AM-12:00PM (Pickleball) <i>Staff</i>		8:30AM-12:00PM (Pickleball) <i>Staff</i>		8:30AM-12:00PM (Pickleball) <i>Staff</i>		
LES MILLS BODYPUMP™ Group Exercise Studio Sign Up	8:30AM-9:25AM (Strength & Endurance) <i>Iris G.</i>	5:30PM-6:25PM (Strength & Endurance) <i>Christine G.</i>	9:35AM-10:30AM (Strength & Endurance) <i>Erin A.</i>	5:30PM-6:25PM (Strength & Endurance) <i>Christine G.</i>	8:30AM-9:25AM (Strength & Endurance) <i>Iris G.</i>		
Boot Camp Group Exercise Studio Sign Up	9:35AM-10:30AM (Strength & Endurance) <i>Kim N.</i>		8:35AM-9:30AM (Strength & Endurance) <i>Marian L.</i>		9:35AM-10:30AM (Strength & Endurance) <i>Kim N.</i>	9:30AM-10:25AM (Strength & Endurance) <i>Marian L.</i>	
ZUMBA® GOLD Group Exercise Studio Sign Up	10:35AM-11:30AM (Foreverwell) <i>Nancy C.</i>					10:35AM-11:30AM (Foreverwell) <i>Nancy C.</i>	
Shoot-around Basketball Court	12:00PM-1:00PM (Basketball) <i>Staff</i> 2:00PM-5:00PM (Basketball)	5:00AM-5:00PM (Basketball) <i>Staff</i> 3:00PM-5:00PM (Basketball) <i>Staff</i>	12:00PM-1:00PM (Basketball) <i>Staff</i> 2:00PM-5:00PM (Basketball) <i>Staff</i>	5:00AM-5:00PM (Basketball) <i>Staff</i> 3:00PM-5:00PM (Basketball) <i>Staff</i>	12:00PM-1:00PM (Basketball) <i>Staff</i> 2:00PM-5:00PM (Basketball) <i>Staff</i>		
Y Walk Court 1	1:00PM-2:00PM (Other Activities) <i>Staff</i>		1:00PM-2:00PM (Other Activities) <i>Staff</i>		1:00PM-2:00PM (Other Activities) <i>Staff</i>		
Shoot-around Court 2	1:00PM-2:00PM (Basketball) <i>Staff</i>		1:00PM-2:00PM (Basketball) <i>Staff</i>		1:00PM-2:00PM (Basketball) <i>Staff</i>		
Yoga Flow Group Exercise Studio Sign Up	5:00PM-5:55PM (Mind Body) <i>Ashley S.</i>	9:00AM-9:55AM (Mind Body) <i>Aubrei W.</i>	5:00PM-5:55PM (Mind Body) <i>Rose L.</i>	9:00AM-9:55AM (Mind Body) <i>Aubrei W.</i>		8:30AM-9:25AM (Mind Body) <i>Liz G.</i>	
LES MILLS BODYPUMP EXPRESS™ Group Exercise Studio Sign Up	6:00PM-6:30PM (Strength & Endurance) <i>Virginia M.</i>		6:00PM-6:30PM (Strength & Endurance) <i>Jazmin W.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ZUMBA ® Group Exercise Studio Sign Up	6:35PM-7:30PM (Cardio & Dance) <i>Shannon C.</i>	10:00AM-10:55AM (Cardio & Dance) <i>Andrea H.</i>	6:35PM-7:30PM (Cardio & Dance) <i>Nancy C.</i>	10:00AM-10:55AM (Cardio & Dance) <i>Jennifer F.</i>	6:30PM-7:25PM (Cardio & Dance) <i>Sothy N.</i>		
Y-Fit Group Exercise Studio Sign Up		5:15AM-5:55AM (Strength & Endurance) <i>Melissa R.</i>		5:15AM-5:55AM (Strength & Endurance) <i>Melissa R.</i>			
HIIT FX Group Exercise Studio Sign Up		8:15AM-8:55AM (Strength & Endurance) <i>Brianna T.</i>		8:15AM-8:55AM (Strength & Endurance) <i>Brianna T.</i>			
Kids Fit Court 1		10:00AM-10:50AM (Kids Fit) <i>Don G.</i>		10:00AM-10:50AM (Kids Fit) <i>Don G.</i>			
ForeverWell Total Body Group Exercise Studio Sign Up		11:15AM-12:10PM (Foreverwell) <i>Edna M.</i>		11:15AM-12:10PM (Foreverwell) <i>Sandy V.</i>		7:25AM-8:15AM (Foreverwell) <i>Edna M.</i>	
CANCELED: LES MILLS PILATES Group Exercise Studio Sign Up		6:35PM-7:30PM (Mind Body) <i>Jennifer H.</i>					
CANCELED: Xtreme Hip-Hop Step™ Group Exercise Studio Sign Up		7:35PM-8:30PM (Cardio & Dance) <i>Chasity D.</i>					
Yoga Foundations Group Exercise Studio Sign Up			10:35AM-11:25AM (Mind Body) <i>Liz G.</i>				
LES MILLS PILATES Group Exercise Studio Sign Up				6:35PM-7:30PM (Mind Body) <i>Jennifer H.</i>			
Yoga Restore Group Exercise Studio Sign Up					10:35AM-11:30AM (Mind Body) <i>Liz G.</i>		
\$ Youth Athletic Performance: Basketball Skills: Court 2							1:00PM-2:30PM (Athletic Performance) <i>Adam C.</i>



Antioch Sports Complex | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Line Dancing Group Exercise / Basketball court Sign Up	9:00AM-10:00AM (Cardio & Dance) <i>Arianna S.</i>						
ForeverWell Circuit Group Exercise / Basketball court Sign Up	10:00AM-10:55AM (Foreverwell) <i>Amanda G.</i>			8:30AM-8:55AM (Foreverwell) <i>Amanda G.</i>			
ForeverWell Sculpt Group Exercise / Basketball court Sign Up		8:15AM-9:05AM (Foreverwell) <i>Maci G.</i>	9:00AM-9:55AM (Foreverwell) <i>Dolores C.</i>				
ForeverWell Balance Group Exercise / Basketball court Sign Up					8:30AM-9:30AM (Foreverwell) <i>Jorge V.</i>		