



Boerne Family YMCA | July 7th - July 13th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
\$ Pilates Reformer Strong & Balanced Level 1/2 Pilates Reformer Studio			5:45AM-6:30AM (Pilates Reformer) <i>Danelle P.</i> 7:00AM-7:55AM (Pilates Reformer) <i>Danelle P.</i>				
\$ Pilates Reformer Jumpboard Pilates Reformer Studio			8:00AM-8:55AM (Pilates Reformer) <i>Danelle P.</i> 4:30PM-5:25PM (Pilates Reformer) <i>Colleen B.</i>	10:45AM-11:40AM (Pilates Reformer) <i>Colleen B.</i>	8:15AM-9:10AM (Pilates Reformer) <i>Kiera O.</i>		
\$ Pilates Reformer Level 1/2 Pilates Reformer Studio			9:30AM-10:25AM (Pilates Reformer) <i>Cheryl S.</i> 10:45AM-11:40AM (Pilates Reformer) <i>Nadia C.</i> 6:30PM-7:25PM (Pilates Reformer) <i>Colleen B.</i>	7:15AM-8:10AM (Pilates Reformer) <i>Colleen B.</i> 8:30AM-9:25AM (Pilates Reformer) <i>Colleen B.</i> 9:30AM-10:25AM (Pilates Reformer) <i>Cheryl S.</i> 7:00PM-7:55PM (Pilates Reformer) <i>Nilaja W.</i>	9:30AM-10:25AM (Pilates Reformer) <i>Cheryl S.</i> 10:30AM-11:25AM (Pilates Reformer) <i>Cheryl S.</i>	9:00AM-9:55AM (Pilates Reformer) <i>Danelle P.</i>	
\$ Pilates Reformer ForeverWell Pilates Reformer Studio			12:00PM-12:55PM (Pilates Reformer) <i>Nadia C.</i>				
\$ Pilates Reformer Beginner/Intro Pilates Reformer Studio			5:30PM-6:25PM (Pilates Reformer) <i>Colleen B.</i>			10:00AM-10:55AM (Pilates Reformer) <i>Danelle P.</i>	
\$ Pilates Reformer Level 2/3 Pilates Reformer Studio				6:00PM-6:55PM (Pilates Reformer) <i>Nilaja W.</i>			
\$ Pilates Reformer Stretch and Relaxation Pilates Reformer Studio					7:15AM-8:10AM (Pilates Reformer) <i>Kiera O.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
\$ Pilates Reformer All Level Pilates Reformer Studio						8:05AM-8:55AM (Pilates Reformer) <i>Danelle P.</i>	



D.R. Semmes Family YMCA | July 7th - July 13th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
\$ Pilates Reformer Level 1/2 Pilates Reformer Studio			6:00AM-6:55AM (Pilates Reformer) <i>Dane B.</i> 5:30PM-6:25PM (Pilates Reformer) <i>Kenny B.</i>	10:00AM-10:55AM (Pilates Reformer) <i>Nadia C.</i>			
\$ Pilates Reformer All Level Pilates Reformer Studio			7:00AM-7:55AM (Pilates Reformer) <i>Kenny B.</i> 10:30AM-11:25AM (Pilates Reformer) <i>Danielle E.</i>	4:30PM-5:25PM (Pilates Reformer) <i>Nadia C.</i>			
\$ Pilates Reformer Level 2/3 Pilates Reformer Studio			8:30AM-9:25AM (Pilates Reformer) <i>Danielle E.</i> 4:30PM-5:25PM (Pilates Reformer) <i>Kenny B.</i>	8:00AM-8:50AM (Pilates Reformer) <i>Danelle P.</i> 9:00AM-9:55AM (Pilates Reformer) <i>Nadia C.</i>		8:00AM-8:55AM (Pilates Reformer) <i>Colleen B.</i> 8:00PM-8:55AM (Pilates Reformer) <i>Nilaja W.</i>	
\$ Pilates Reformer Jumpboard Pilates Reformer Studio			9:30AM-10:25AM (Pilates Reformer) <i>Danielle E.</i>			10:00AM-10:55AM (Pilates Reformer) <i>Colleen B.</i>	
\$ Pilates Reformer Stretch and Relaxation Pilates Reformer Studio			11:30AM-12:25PM (Pilates Reformer) <i>Danielle E.</i>		7:00AM-7:55AM (Pilates Reformer) <i>Danelle P.</i>		
\$ Pilates Reformer Strong & Balanced Level 1/2 Pilates Reformer Studio				6:00AM-6:55AM (Pilates Reformer) <i>Danelle P.</i> 7:00AM-7:55AM (Pilates Reformer) <i>Danelle P.</i>	6:00AM-6:55AM (Pilates Reformer) <i>Danelle P.</i> 9:30AM-10:25AM (Pilates Reformer) <i>Danelle P.</i>		
\$ Pilates Reformer ForeverWell Pilates Reformer Studio				11:00AM-11:55AM (Pilates Reformer) <i>Nadia C.</i>			
\$ Pilates Reformer Beginner/Intro Pilates Reformer Studio				6:30PM-7:25PM (Pilates Reformer) <i>Dane B.</i>		9:00AM-9:55AM (Pilates Reformer) <i>Colleen B.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
\$ Pilates Reformer Strong & Balanced Level 2/3 Pilates Reformer Studio					8:30AM-9:25AM (Pilates Reformer) <i>Danelle P.</i>		
\$ Pilates Reformer Strong & Balanced ForeverWell Pilates Reformer Studio					10:30AM-11:25AM (Pilates Reformer) <i>Danelle P.</i>		