



## Mays Family YMCA at Potranco | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Reserved for Programming</b> Large Pool						8:00AM-8:50AM (Aquatics)  9:00AM-9:50AM (Aquatics)  10:00AM-10:50AM (Aquatics)  11:00AM-11:50PM (Aquatics)	
<b>Lap Swim (2 lanes)</b> Large Pool						8:00AM-8:50AM (Aquatics)  9:00AM-9:50AM (Aquatics)  10:00AM-10:50AM (Aquatics)  11:00AM-11:50AM (Aquatics)  1:00PM-1:50PM (Aquatics)  2:00PM-2:50PM (Aquatics)	
<b>Closed for Youth &amp; Family Programming</b> Basketball Court						8:00AM-2:00PM (Basketball)	
<b>LES MILLS BODYPUMP™</b> Studio 1 <a href="#">Sign Up</a>						8:30AM-9:30AM (Strength & Endurance ) <i>Josie S.</i>	3:00PM-4:00PM (Strength & Endurance ) <i>Josie S.</i>
<b>Reps FX</b> Studio 2 <a href="#">Sign Up</a>						8:45AM-9:35AM (Strength & Endurance ) <i>Lourdes I.</i>	
<b>DANCE FX</b> Studio 1 <a href="#">Sign Up</a>						9:35AM-10:25AM (Cardio & Dance) <i>Jordan L.</i>	
<b>LES MILLS BODYCOMBAT™</b> Studio 1 <a href="#">Sign Up</a>						10:30AM-11:20AM (Cardio & Dance) <i>Brian J.</i>	1:30PM-2:30PM (Cardio & Dance) <i>Brian J.</i>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Yoga Strength</b> Studio 2 <a href="#">Sign Up</a>						11:45AM-12:35PM (Mind Body) <i>Andreu O.</i>	
<b>Family Swim</b> Small Pool						12:00PM-12:50PM (Aquatics)  1:00PM-1:50PM (Aquatics)  2:00PM-2:50PM (Aquatics)  3:00PM-3:50PM (Aquatics)  4:00PM-4:50PM (Aquatics)	1:00PM-1:50PM (Aquatics)  2:00PM-2:50PM (Aquatics)  3:00PM-3:50PM (Aquatics)  4:00PM-4:50PM (Aquatics)
<b>Lap Swim (3 lanes)</b> Large Pool						12:00PM-12:50PM (Aquatics)  2:00PM-2:50PM (Aquatics)	1:00PM-1:50PM (Aquatics)
<b>Reserved for Programming</b> Small Pool						12:00PM-12:50PM (Aquatics)	
<b>Closed for YMCA Sports</b> Basketball Court						2:00PM-6:00PM (Basketball)	
<b>Lap Swim (4 lanes)</b> Large Pool						3:00PM-3:50PM (Aquatics)  4:00PM-4:50PM (Aquatics)	3:00PM-3:50PM (Aquatics)  4:00PM-4:50PM (Aquatics)
<b>Shoot-around</b> Basketball Court						6:00PM-7:45PM (Basketball)	
<b>Family Gym</b> Basketball Court							1:00PM-3:00PM (Basketball)
<b>Yoga Foundations</b> Studio 2 <a href="#">Sign Up</a>							1:15PM-2:05PM (Mind Body) <i>Elizabeth K.</i>
<b>Full Court Play (13yrs+)</b> Basketball Court							3:00PM-7:45PM (Basketball)