

Mays Family YMCA at Potranco | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved for Programming Large Pool						8:00AM-8:50AM (Aquatics)	
						9:00AM-9:50AM (Aquatics)	
						10:00AM-10:50AM (Aquatics)	
						11:00AM-11:50PM (Aquatics)	
Lap Swim (2 lanes) Large Pool						8:00AM-8:50AM (Aquatics)	
						9:00AM-9:50AM (Aquatics)	
						10:00AM-10:50AM (Aquatics)	
						11:00AM-11:50AM (Aquatics)	
						1:00PM-1:50PM (Aquatics)	
						2:00PM-2:50PM (Aquatics)	
Closed for Youth & Family Programming Basketball Court						8:00AM-2:00PM (Basketball)	
ES MILLS BODYPUMP™ tudio 1 ign Up						8:30AM-9:30AM (Strength & Endurance) Josie S.	3:00PM-4:00PM (Strength & Endurance) Josie S.
Reps FX istudio 2 isign Up						8:45AM-9:35AM (Strength & Endurance) Lourdes I.	
DANCE FX itudio 1 i <u>ign Up</u>						9:35AM-10:25AM (Cardio & Dance) Jordan L.	
ES MILLS 30DYCOMBAT™ Studio 1 Sign Up						10:30AM-11:20AM (Cardio & Dance) Brian J.	1:30PM-2:30PM (Cardio & Dance) Brian J.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yoga Strength Studio 2 <u>Sign Up</u>						11:45AM-12:35PM (Mind Body) Andreu O.	
Family Swim Small Pool						12:00PM-12:50PM (Aquatics)	1:00PM-1:50PM (Aquatics)
						1:00PM-1:50PM (Aquatics)	2:00PM-2:50PM (Aquatics)
						2:00PM-2:50PM (Aquatics)	3:00PM-3:50PM (Aquatics)
						3:00PM-3:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)
						4:00PM-4:50PM (Aquatics)	
Lap Swim (3 lanes) Large Pool						12:00PM-12:50PM (Aquatics)	1:00PM-1:50PM (Aquatics)
						2:00PM-2:50PM (Aquatics)	
Reserved for Programming Small Pool						12:00PM-12:50PM (Aquatics)	
Closed for YMCA Sports Basketball Court						2:00PM-6:00PM (Basketball)	
Lap Swim (4 lanes) Large Pool						3:00PM-3:50PM (Aquatics)	3:00PM-3:50PM (Aquatics)
						4:00PM-4:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)
Shoot-around Basketball Court						6:00PM-7:45PM (Basketball)	
a mily Gym Basketball Court							1:00PM-3:00PM (Basketball)
Yoga Foundations Itudio 2 <u>ign Up</u>							1:15PM-2:05PM (Mind Body) <i>Elizabeth K.</i>
Full Court Play (13yrs+) Basketball Court							3:00PM-7:45PM (Basketball)