



Thousand Oaks Family YMCA | March 30th - April 5th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Closed Outdoor Pool	1:00AM-11:00PM (Aquatics)	1:00AM-11:00PM (Aquatics)	1:00AM-11:00PM (Aquatics)	1:00AM-11:00PM (Aquatics)	1:00AM-11:00PM (Aquatics)	1:00AM-11:00PM (Aquatics)	1:00AM-11:00PM (Aquatics)
Adult Pickup Basketball (18+) Basketball Court: Side A	5:00AM-6:00AM (Basketball)				5:00AM-6:00AM (Basketball)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Racquetball Court 4 Sign Up	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	1:00PM-2:00PM (Racquetball)
	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	2:00PM-3:00PM (Racquetball)
	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	3:00PM-4:00PM (Racquetball)
	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)
	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)
	11:00AM-12:00PM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)
	12:00PM-1:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)
	1:00PM-2:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	
	2:00PM-3:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	
	3:00PM-4:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	
	4:00PM-5:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	
	5:00PM-6:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)		
	6:00PM-7:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)		
	7:00PM-8:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)		
	8:00PM-9:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)		9:00PM-10:00PM (Racquetball)		
	9:00PM-10:00PM (Racquetball)		8:00PM-9:00PM (Racquetball)		10:00PM-11:00PM (Racquetball)		
10:00PM-11:00PM (Racquetball)			9:00PM-10:00PM (Racquetball)				
			10:00PM-11:00PM (Racquetball)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Racquetball Court 5 Sign Up	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	1:00PM-2:00PM (Racquetball)
	7:00AM-8:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	2:00PM-3:00PM (Racquetball)
	8:00AM-9:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	3:00PM-4:00PM (Racquetball)
	11:00AM-12:00PM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	4:00PM-5:00PM (Racquetball)
	12:00PM-1:00PM (Racquetball)	9:00AM-10:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)
	1:00PM-2:00PM (Racquetball)	10:00AM-11:00AM (Racquetball)	12:00PM-1:00PM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	12:00PM-1:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)
	2:00PM-3:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)
	3:00PM-4:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	
	4:00PM-5:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	
	5:00PM-6:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	
	6:00PM-7:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	
	7:00PM-8:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	
	8:00PM-9:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)		
	9:00PM-10:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)		
10:00PM-11:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)			
			10:00PM-11:00PM (Racquetball)		9:00PM-10:00PM (Racquetball)		
					10:00PM-11:00PM (Racquetball)		
Boot Camp RIGS HIIT ZONE Sign Up	5:15AM-6:10AM (Strength & Endurance) <i>Jimmy C.</i>				5:15AM-6:10AM (Strength & Endurance) <i>Jimmy C.</i>		
Adult Pickup Basketball (18+) Basketball Court - Full Court	6:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)	6:00AM-7:00AM (Basketball)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Racquetball Court 1 Sign Up	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	1:00PM-2:00PM (Racquetball)
	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	2:00PM-3:00PM (Racquetball)
	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	3:00PM-4:00PM (Racquetball)
	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	4:00PM-5:00PM (Racquetball)
	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-1:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)
	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)
	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)
	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	
	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	
	4:00PM-5:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	
	5:00PM-6:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	
	6:00PM-7:00PM (Racquetball)		6:00PM-7:00PM (Racquetball)		8:00PM-9:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	
	7:00PM-8:00PM (Racquetball)		7:00PM-8:00PM (Racquetball)				
8:00PM-9:00PM (Racquetball)		8:00PM-9:00PM (Racquetball)					
Pickleball Open Play Pickleball Courts 1-8	8:00AM-12:30PM (Pickleball)		8:00AM-12:30PM (Pickleball)				1:00PM-6:00PM (Pickleball)
Reserved for Senior League Tennis Court 1 - 6	8:00AM-11:00AM (Tennis)		8:00AM-11:00AM (Tennis)		8:00AM-11:00AM (Tennis)		
Reps FX Main Group Ex Studio Sign Up	8:10AM-9:00AM (Strength & Endurance) <i>Beth B.</i>	5:10PM-6:00PM (Strength & Endurance) <i>Beth B.</i>	8:10AM-9:00AM (Strength & Endurance) <i>Cheryl O.</i>	5:10PM-6:00PM (Strength & Endurance) <i>Beth B.</i>	8:10AM-9:00AM (Strength & Endurance) <i>Beth B.</i>		
TRX® Queenax Sign Up	9:10AM-10:00AM (Strength & Endurance) <i>Trish B.</i>				9:10AM-10:00AM (Strength & Endurance) <i>Trish B.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Barre Main Group Ex Studio Sign Up	9:10AM-10:00AM (Mind Body) Beth B.		9:10AM-10:00AM (Mind Body) Beth B.		9:10AM-10:00AM (Mind Body) Beth B.		
Yoga Restore Mind Body Studio Sign Up	9:10AM-10:00AM (Mind Body) Reisa D.		9:10AM-10:00AM (Mind Body) Reisa D.		9:10AM-10:00AM (Mind Body) Elena H.		
Reserved for Programming Pickleball Court 9	9:30AM-10:30AM (Pickleball)						
Yoga Strength Mind Body Studio Sign Up	10:10AM-11:00AM (Mind Body) Beth B.	6:10PM-7:00PM (Mind Body) Beth B.	10:10AM-11:00AM (Mind Body) Beth B.	6:10PM-7:00PM (Mind Body) Beth B.	10:10AM-11:00AM (Mind Body) Nicole J.		
ZUMBA ® Main Group Ex Studio Sign Up	10:10AM-11:00AM (Cardio & Dance) Graciela P.	8:30AM-9:20AM (Cardio & Dance) Michelle D.	10:10AM-11:00AM (Cardio & Dance) Graciela P. 7:10PM-8:00PM (Cardio & Dance) Lauren M.	8:30AM-9:20AM (Cardio & Dance) Michelle D.	10:10AM-11:00AM (Cardio & Dance) Michelle D.		
Closed for Group Exercise Basketball Court - Full Court	11:00AM-12:00PM (Basketball)	8:00AM-9:20AM (Basketball)	11:00AM-12:00PM (Basketball)	8:00AM-9:20AM (Basketball)	11:00AM-12:00PM (Basketball)		
ForeverWell Sculpt Basketball Court - Full Court Sign Up	11:00AM-11:50AM (Foreverwell) Loyda C.		11:00AM-11:50AM (Foreverwell) Loyda C.		11:00AM-11:50AM (Foreverwell) Eunice P.		
LES MILLS BODYPUMP™ Main Group Ex Studio Sign Up	11:10AM-12:10PM (Strength & Endurance) Robin S.		6:00AM-7:00AM (Strength & Endurance) Loyda C. 11:10AM-12:10PM (Strength & Endurance) Samantha T.		6:00AM-7:00AM (Strength & Endurance) Loyda C.	10:05AM-11:00AM (Strength & Endurance) Stephanie H.	
Basketball Open Play 1/2 Court Basketball Court: Side B	12:00PM-10:30PM (Basketball)	9:00PM-10:45PM (Basketball)		7:30PM-10:30PM (Basketball)			
Reserved for Programming Mind Body Studio	1:00PM-1:50PM (Wellness Events) Virtual I.	1:00PM-1:50PM (Wellness Events) Virtual I.	11:30AM-12:20PM (Wellness Events) Virtual I.	11:30AM-12:20PM (Wellness Events) Virtual I.	11:30AM-12:20PM (Wellness Events) Virtual I.		
Mat Pilates Main Group Ex Studio Sign Up	4:00PM-4:50PM (Mind Body) Virtual I.	5:10AM-6:00AM (Mind Body) Virtual I.	4:00PM-4:50PM (Mind Body) Virtual I.	5:10AM-6:00AM (Mind Body) Virtual I.			
Kids Fit Basketball Court: Side A Sign Up	4:30PM-5:30PM (Kids Club On The Move) Jhastity P.	4:30PM-5:30PM (Kids Club On The Move) Jason S.	4:30PM-5:30PM (Kids Club On The Move) Jason S.	4:30PM-5:30PM (Kids Fit) 4:30PM-5:30PM (Kids Club On The Move) Jhastity P.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Open Play Pickleball Courts 1-6	5:00PM-9:30PM (Pickleball)		5:00PM-9:00PM (Pickleball)		5:00PM-9:00PM (Pickleball)	5:00PM-8:00PM (Pickleball)	
Reserve a Court Tennis Court 2 Sign Up	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	8:00AM-9:00AM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	8:00AM-9:00AM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	11:30AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	8:00AM-9:00AM (Tennis) 9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis) 11:00AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)
Reserve a Court Tennis Court 1 Sign Up	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	8:00AM-9:00AM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	8:00AM-9:00AM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	11:30AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	8:00AM-9:00AM (Tennis) 9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis) 11:00AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 3 Sign Up	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	8:00AM-9:00AM (Tennis) 9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis) 11:00AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	11:30AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	8:00AM-9:00AM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:30PM (Tennis)
Reserved for Programming Tennis Court 4	5:00PM-7:00PM (Tennis)		5:00PM-7:00PM (Tennis)				
LES MILLS BODYCOMBAT™ Main Group Ex Studio Sign Up	5:00PM-6:00PM (Cardio & Dance) <i>Matthew C.</i>		5:00PM-6:00PM (Cardio & Dance) <i>Berenice G.</i>			9:00AM-9:55AM (Cardio & Dance) <i>Roger M.</i>	
\$ Youth Athletic Performance: Speed & Agility Basketball Court: Side A	5:30PM-6:30PM (Athletic Performance)		5:30PM-6:30PM (Athletic Performance)				
Reserved for Programming Pickleball Courts 9&10	6:00PM-7:00PM (Pickleball)		9:00AM-10:00AM (Pickleball)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 5 Sign Up	6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	8:00AM-9:00AM (Tennis) 9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis) 11:00AM-12:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)	6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	8:00AM-9:00AM (Tennis) 10:00AM-11:00AM (Tennis) 11:00AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis)	4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:30PM (Tennis)
Reserve a Court Tennis Court 6 Sign Up	6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	8:00AM-9:00AM (Tennis) 9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis) 11:00AM-12:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	11:30AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	8:00AM-9:00AM (Tennis) 9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis) 11:00AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis)	4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:30PM (Tennis)
\$ Open Pickleball Clinic Pickleball Courts 9&10 Sign Up	6:00PM-7:00PM (Pickleball Clinics)		9:00AM-10:00AM (Pickleball Clinics) <i>Phillip W.</i>				
\$ Beginner Tennis Clinic Tennis Court 4 Sign Up	6:00PM-7:00PM (Tennis Clinics)						
LES MILLS BODYPUMP EXPRESS™ Main Group Ex Studio Sign Up	6:10PM-7:00PM (Strength & Endurance) <i>Stephanie H.</i>		6:10PM-7:00PM (Strength & Endurance) <i>Denise R.</i>				
Shoot-around Basketball Court: Side A	6:30PM-10:30PM (Basketball)		6:30PM-10:30PM (Basketball)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 4 Sign Up	7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	8:00AM-9:00AM (Tennis) 9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis) 11:00AM-12:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis) 7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)	8:00AM-9:00AM (Tennis) 9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis) 11:00AM-12:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:00PM (Tennis)	1:00PM-2:00PM (Tennis) 2:00PM-3:00PM (Tennis) 3:00PM-4:00PM (Tennis) 4:00PM-5:00PM (Tennis) 5:00PM-6:00PM (Tennis) 6:00PM-7:30PM (Tennis)
DANCE FX Main Group Ex Studio Sign Up	7:10PM-8:00PM (Cardio & Dance) <i>Stephanie H.</i>					11:10AM-12:10PM (Cardio & Dance) <i>Stephanie H.</i>	
Closed All Tennis Courts	10:30PM-11:00PM (Tennis)						7:30PM-8:00PM (Tennis)
Yoga Flow Main Group Ex Studio Sign Up		6:10AM-7:00AM (Mind Body) <i>Virtual I.</i>		6:10AM-7:00AM (Mind Body) <i>staff</i>			
Total Body Strength Basketball Court: Side B Sign Up		8:10AM-9:00AM (Strength & Endurance) <i>Carena N.</i>		8:10AM-8:55AM (Strength & Endurance) <i>Trish B.</i>			
CANCELED: Mat Pilates Mind Body Studio Sign Up		8:30AM-9:20AM (Mind Body) <i>Lisa W.</i>					
Yoga Flow Mind Body Studio Sign Up		8:30AM-9:20AM (Mind Body) <i>Natalie B.</i> 10:30AM-11:20AM (Mind Body) <i>Reisa D.</i>		10:30AM-11:20AM (Mind Body) <i>Reisa D.</i>			
Pickleball Leagues Pickleball Courts 1-6		9:00AM-11:00AM (Pickleball) 6:00PM-9:00PM (Pickleball)		5:00PM-9:00PM (Pickleball)			
Reserved for Programming Tennis Court 2		9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis)		9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved for Programming Tennis Court 1		9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis)		9:00AM-10:00AM (Tennis) 10:00AM-11:00AM (Tennis)			
\$ Skills Clinic: 2.5-3.0 Pickleball Courts 9&10 Sign Up		9:00AM-10:00AM (Pickleball Clinics) <i>Ernesto S.</i>					
\$ Doubles Queen of the Court Pickleball Courts 1-6 Sign Up		9:00AM-11:00AM (Pickleball Leagues) <i>Melissa T.</i>					
\$ Doubles King of the Court Pickleball Courts 1-6 Sign Up		9:00AM-11:00AM (Pickleball Leagues) <i>Melissa T.</i>					
LES MILLS BODYBALANCE™ Main Group Ex Studio Sign Up		9:30AM-10:20AM (Mind Body) <i>Robin S.</i>		9:30AM-10:20AM (Mind Body) <i>Robin S.</i>			
\$ Skills Clinic: 3.0+ Pickleball Courts 9&10 Sign Up		10:00AM-11:00AM (Pickleball Clinics) <i>Ernesto S.</i>					
ForeverWell Balance Main Group Ex Studio Sign Up		10:30AM-11:20AM (Foreverwell) <i>Trish B.</i>		10:30AM-11:20AM (Foreverwell) <i>Loyda C.</i>			
Line Dancing Main Group Ex Studio Sign Up		11:30AM-12:15PM (Cardio & Dance) <i>Instructor N.</i>					
LES MILLS CORE™ Main Group Ex Studio Sign Up		4:00PM-4:40PM (Core & Balance) <i>Virtual I.</i>		4:00PM-4:40PM (Core & Balance) <i>Virtual I.</i>			
Reserved for Programming RIGS HIIT ZONE		4:30PM-5:30PM (Wellness Events) <i>Shar V.</i> 6:30PM-7:30PM (Wellness Events) <i>Shar V.</i>		4:30PM-5:30PM (Wellness Events) <i>Shar V.</i> 6:30PM-7:30PM (Wellness Events) <i>Shar V.</i>			
Reserved for Programming Tennis Court 5&6		5:00PM-7:00PM (Tennis)		5:00PM-7:00PM (Tennis)			
\$ Juniors Clinics Racquetball Court 5		5:00PM-8:00PM (Racquetball)		5:00PM-8:00PM (Racquetball)			
\$ Juniors Clinics Racquetball Court 4		5:00PM-8:00PM (Racquetball)		5:00PM-8:00PM (Racquetball)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
\$ Juniors Clinics Racquetball Court 1		5:00PM-8:00PM (Racquetball)		5:00PM-8:00PM (Racquetball)			
Adult Volleyball (13+) Basketball Court: Side A		6:00PM-9:00PM (Volleyball)					
LES MILLS BODYPUMP HEAVY™ Main Group Ex Studio Sign Up		6:10PM-7:00PM (Strength & Endurance) <i>Denise R.</i>		6:10PM-7:00PM (Strength & Endurance) <i>Sherry R.</i>	11:10AM-12:10PM (Strength & Endurance) <i>Samantha T.</i>		
Step FX Main Group Ex Studio Sign Up		7:10PM-8:00PM (Cardio & Dance) <i>Beth B.</i>		7:10PM-8:00PM (Cardio & Dance) <i>Beth B.</i>			
Closed for Youth & Family Programming Basketball Court: Side A			10:00AM-11:00AM (Basketball) <i>Ariel G.</i>				
\$ Tennis Fit Tennis Court 4 Sign Up			6:00PM-7:00PM (Tennis Clinics)				
Reserve a Court Tennis Court 8 Sign Up			7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis)		8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)		
Mat Pilates Mind Body Studio Sign Up				8:30AM-9:20AM (Mind Body) <i>Lisa W.</i>			
Reserved for Programming Pickleball Courts 1-10				9:00AM-11:00AM (Pickleball)			
CANCELED: \$ Thursday Pickleball Social Women Pickleball Courts 1-8 Sign Up				9:00AM-11:00AM (Pickleball Thursday Social) <i>Melissa T.</i>			
CANCELED: \$ Thursday Pickleball Social Men Pickleball Courts 1-8 Sign Up				9:00AM-11:00AM (Pickleball Thursday Social) <i>Melissa T.</i>			
Tai Chi Mind Body Studio Sign Up				9:30AM-10:15AM (Mind Body) <i>Debra C.</i>		10:05AM-10:55AM (Mind Body) <i>Debra C.</i>	
SilverSneakers® Circuit Main Group Ex Studio Sign Up				11:30AM-12:20PM (Foreverwell) <i>Loyda C.</i>			
Reserved for Programming Main Group Ex Studio				1:00PM-2:00PM (Wellness Events) <i>Virtual I.</i>	12:30PM-1:30PM (Wellness Events) <i>Virtual I.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball Open Play 1/2 Court Basketball Court - Full Court				6:30PM-7:30PM (Basketball)			
Pickleball Open Play Pickleball Courts 1-10					8:30AM-12:30PM (Pickleball)	8:30AM-12:30PM (Pickleball)	
\$ Youth Athletic Performance: Volleyball Skills Basketball Court - Full Court					6:00PM-8:00PM (Athletic Performance)		
Reserve a Court Tennis Court 7 Sign Up					7:00PM-8:00PM (Tennis) 8:00PM-9:00PM (Tennis) 9:00PM-10:30PM (Tennis)		5:00PM-6:00PM (Tennis)
Reserved for Programming Pickleball Courts 7-10					7:00PM-10:00PM (Pickleball)		
Adult Volleyball (13+) Basketball Court - Full Court					8:00PM-10:30PM (Volleyball)		
Closed for YMCA Sports Basketball Court - Full Court						7:00AM-8:00PM (Basketball)	
TRX® HIIT Queenax Sign Up						9:00AM-9:50AM (Strength & Endurance) <i>Karen W.</i>	
Yoga Foundations Mind Body Studio Sign Up						9:05AM-9:55AM (Mind Body) <i>Beth B.</i>	
Reserved for Programming Tennis Court 3						9:30AM-12:00PM (Tennis)	
Stretch FX Mind Body Studio Sign Up						11:05AM-11:55AM (Mind Body) <i>Cheryl O.</i>	
CANCELED: \$ Youth Athletic Performance: Volleyball Skills Basketball Court - Full Court							1:00PM-3:00PM (Athletic Performance)
CANCELED: Yoga Flow Mind Body Studio Sign Up							2:30PM-3:30PM (Mind Body) <i>Deanna S.</i>
CANCELED: Family Gym Basketball Court: Side B Sign Up							3:00PM-4:00PM (Basketball)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CANCELED: Shoot-around Basketball Court: Side A							3:00PM-7:45PM (Basketball)
Closed Tennis Court 3							7:30PM-8:00PM (Tennis)