



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Aquatic Supervision & Swim Band Guidelines

A Family Who Swims Together, Stays Together

Adult supervision of children is important as it allows our lifeguards and aquatic safety staff to focus on the water and keeping everyone safe. **All youth members ages 16 and under must complete a new swim test each visit prior to entering the water.** Each youth member will receive a wristband that will allow him or her access to certain areas of the pool.

SWIM BAND REQUIREMENTS

PARENT RESPONSIBILITY

DESIGNATED SWIM AREAS

RED

All youth ages 6 and under & non-swimmers who cannot pass modified swim-test or full swim-test.

6 months-6 years

Parent/caregiver must be within arms reach of the child at all times.

Parent/caregiver may not have more than 2 red band children in their care, Please refer to lifejacket policy for additional information.

7 - 9 years

Parent/caregiver must be present on pool deck, actively supervising child at all times.

10-12 years

Parent/caregiver must be present in the facility at all times while children are in the pool.

Youth 13 years and older

Can access the pool area without parent/caregiver present.

Adult may not take child into water deeper than the adult's chest.

Cannot ride the waterslide.

YELLOW

All youth ages 7 and up who can adequately perform modified swim test skills as follows:

- Swim $\frac{1}{2}$ length of 25 meter/ yard pool unassisted and without stopping.
- Must maintain a horizontal position and make forward progression during swim.
- Perform front & back float. Pull self to an upright position and exit the pool.

7 - 9 years

Parent/caregiver must be present on pool deck, actively supervising child at all times.

10-12 years

Parent/caregiver must be present in the facility at all times while children are in the pool.

Youth 13 years and older

Can access the pool area without parent/caregiver present.

May use waterslides, (must meet posted height requirements).

May not swim alone in water deeper than chest without parent/ caregiver.

Adult may not take child into water deeper than the adult's chest.

GREEN

All youth ages 7 and up who can adequately perform full swim test skills as follows:

- Jump into pool and tread water for one minute.
- Swim one length of the 25 meter/yard pool unassisted and without stopping.
- Must maintain a horizontal position and make forward progression during swim.
- Perform front & back float. Pull self to an upright position and exit the pool.

7 - 9 years

Parent/caregiver must be present on pool deck, actively supervising child at all times.

10-12 years

Parent/caregiver must be present in the facility at all times while children are in the pool.

Youth 13 years and older

Can access the pool area without parent/caregiver present.

May swim in any area of the pool without a parent/caregiver in water.

May use waterslides (must meet posted height requirements).

Lifejacket Policy

Parent/caregiver may not have more than two red band children in their care. One of the two children will be required to wear a lifejacket at all times. Each pool has a limited supply of lifejackets available. You are welcome to bring your own Coast Guard approved lifejacket.