



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Aquatic Supervision & Swim Band Guidelines

## A Family Who Swims Together, Stays Together

Adult supervision of children is important as it allows our lifeguards and aquatic safety staff to focus on the water and keeping everyone safe. **All youth members ages 16 and under must complete a new swim test each visit prior to entering the water.** Each youth member will receive a wristband that will allow him or her access to certain areas of the pool.

### RED

### YELLOW

### GREEN

SWIM BAND REQUIREMENTS

All youth ages 6 and under & non-swimmers who cannot pass modified swim-test or full swim-test.

All youth ages 7 and up who can adequately perform modified swim test skills as follows:

All youth ages 7 and up who can adequately perform full swim test skills as follows:

- Swim ½ length of 25 meter/yard pool unassisted and without stopping.
- Must maintain a horizontal position and make forward progression during swim.
- Perform front & back float. Pull self to an upright position and exit the pool.

- Jump into pool and tread water for one minute.
- Swim one length of the 25 meter/yard pool unassisted and without stopping.
- Must maintain a horizontal position and make forward progression during swim.
- Perform front & back float. Pull self to an upright position and exit the pool.

PARENT RESPONSIBILITY

#### 6 months-6 years

Parent/caregiver must be within arms reach of the child at all times.

Parent/caregiver may not have more than 2 red band children in their care, Please refer to lifejacket policy for additional information.

#### 7 - 9 years

Parent/caregiver must be present on pool deck, actively supervising child at all times.

#### 10-12 years

Parent/caregiver must be present in the facility at all times while children are in the pool.

#### Youth 13 years and older

Can access the pool area without parent/caregiver present.

#### 7 - 9 years

Parent/caregiver must be present on pool deck, actively supervising child at all times.

#### 10-12 years

Parent/caregiver must be present in the facility at all times while children are in the pool.

#### Youth 13 years and older

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Parent/caregiver must be present on pool deck, actively supervising child at all times.

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Parent/caregiver must be present in the facility at all times while children are in the pool.

#### Youth 13 years and older

Can access the pool area without parent/caregiver present.

DESIGNATED SWIM AREAS

Adult may not take child into water deeper than the adult's chest.

Cannot ride the waterslide.

May use waterslides, (must meet posted height requirements).

May not swim alone in water deeper than chest without parent/caregiver.

Adult may not take child into water deeper than the adult's chest.

May swim in any area of the pool without a parent/caregiver in water.

May use waterslides (must meet posted height requirements).

## Lifejacket Policy

Parent/caregiver may not have more than two red band children in their care. One of the two children will be required to wear a lifejacket at all times. Each pool has a limited supply of lifejackets available. You are welcome to bring your own Coast Guard approved lifejacket.