the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUMP. SET. SPIKE.

Volleyball Skills

Unlock your potential on the volleyball court!
This class is designed to focus directly on improving your ball handling skills and on court application.

Cost:

Y Members
$89/month (ages 7 - 12)
$99/ month (ages 13 - 18)

Non-Members
$99/month (ages 7 - 12)
$109/ month (ages 13 - 18)



SERVE



DIG

Day	Time
Friday	6 - 8 pm
Sunday	1 - 3 pm

Contact: Natalie Zamora
nataliez@ymcasatx.org • 210-712-5567

THOUSAND OAKS FAMILY YMCA

16103 Henderson Pass • 210-494-5292 • ymcasatx.org/toaks

YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

United Way

CELEBRATING 1876-2026
150 YEARS
Uniting Generations